



(University of the Third Age) *Registered Charity Number: 1073206*

www.ferndownU3A.co.uk

PROGRAMME 2016 - 2017

A new year - new groups - old favourites

Something for Everyone!

Try something new, or revisit a past interest

Which will you choose?

PLUS - A WIDE RANGE OF SOCIAL EVENTS

Share

Enjoy

Learn

AUTUMN TERM 2016

12th September - 9th December
(Half term 24th - 28th Oct)

SPRING TERM 2017

9th January - 31st March
(Half term 13th - 17th Feb)

SUMMER TERM 2017

24th April - 26th May

FERNDOWN and DISTRICT U3A

is an independent group with Charitable status, affiliated to the Third Age Trust, the national body of the University of the Third Age.

Welcome to Ferndown U3A, we hope you will join us and experience the pleasure our members receive from being part of this wonderful organisation.

The U3A is a totally voluntary movement which caters for the interests of people who have reached their 'third age', and who are no longer in full-time employment. It provides educational, creative and leisure opportunities in a friendly environment. Sessions are relaxed and informal, there are no entry qualifications and no examinations.

Most Ferndown U3A groups meet at venues in and around Ferndown.

We cannot thank enough those group leaders who give of their time so generously. Thanks also go to our committee members and others who each play a part in the organisation and administration of Ferndown U3A.

THE WEBSITE

Everything you need to know is on our website: www.ferndownu3a.co.uk

NEWSLETTERS

We are now producing these monthly and they will be available to view on the website, under the 'news' tab. For those without internet access we will continue to provide a black and white printed copy. Copies are also available on the various noticeboards in the Barrington Centre.

NOTICE BOARDS

We have the use of notice boards in the corridor leading to the Hayes room and outside the Conference room at the Barrington Centre. Newsletters and information about events will be posted on these boards. Please make it a habit to check them on a regular basis.

ANNUAL GENERAL MEETING

This will take place on Friday 9th December 2016 at 11am at St Mary's Church Centre. Doors open at 10.30 and drinks can be purchased from the Beacon Cafe. A complimentary lunch will follow the AGM and this is open to all attendees. To help with catering please obtain your ticket from Gerry.

U3A National Office is at
19 East Street, Bromley, Kent. BR1 1QE
Telephone number: 0208 466 6139

As well as Ferndown and District U3A there are other U3As in Dorset, and all over the UK, and information about these can be found on the national website www.U3A.org.uk

Chairman and Business Secretary:	Brian Williams
Vice Chairman and Groups Co-ordinator:	Bob Reeve
Secretary:	Glyn Bosanko
Treasurer:	John Mullett
Membership Secretary:	Richard Tucker
Bridge Co-ordinator:	Jenny Bass
Social Secretary:	Gerry Lewis
Accommodation Officer:	Clare Clayton
Asst. Accommodation Officer:	Jean Stone
Programme Compiler and Newsletter Editor:	Judith Hodges
Website Co-ordinator:	Maggie Shew
PR Officer:	Doreen Kinnear

TO CONTACT FERNDOWN U3A



E-mail: ferndownu3a@googlemail.com - this is the preferred option



Leave a message, including your name and telephone number on the FU3A telephone **07799 121 926** and an appropriate person will call you back. (Please speak slowly and clearly.)



Write to: Ferndown U3A, c/o 21 Braeside Road, West Moors BH22 0JS

TO ENROL:

Please complete the Enrolment Form in the middle of this programme and follow the instructions on page 18.

It is not possible to enrol on-line.

The Annual Enrolment Fee has been held at £47 again this year.

(Reduced Rates are available for people who join after Christmas.)

This year, subject to availability you may apply for up to eight groups. Precedence will be given to groups listed 1 - 4 on the Enrolment Form, but please note that these are not guaranteed and will still be subject to availability.

In addition, members can participate in walks, social events and outings.

Members are responsible for providing their own course materials.

Some Bridge groups run for longer than normal term times, meeting up to 50 weeks per year. These groups incur an accommodation supplement of £20 per member, per group.

Members' details are entered on a database for our internal use only.

Ferndown U3A regrets that it may sometimes be necessary to suspend groups.

Please retain this programme and make a note of the term dates which are printed on the front cover.

MEMBERSHIP ACCEPTANCE

All Enrolment Forms will be logged, & cheques banked, as they are received. It would assist the Committee if you could send in your form by

FRIDAY 15th JULY. The actual booking process will commence shortly afterwards at which time the membership of any oversubscribed groups will be resolved by a random draw of all applicants.

After this date, results will be available on the members' database (see page 5 for access details), and posted to members who do not have access to a computer.

Please note: We will not post results to those with an e-mail address, so please do not send an S.A.E. as it will not be used.

Results will show the address of the venue, the Group Leader's name & contact details plus dates & times of sessions.

If a group is full you will automatically be put on a waiting list and advised if and when a vacancy arises.

If there are insufficient members wishing to attend any group then it will be cancelled and you will be advised.

We do our best to fit everyone into the group/s of their choice and to run all groups where possible, and we sincerely regret when this cannot be done.

Should you decide after all not to apply for any groups this year, but still wish to be kept informed, please send us a copy of the enrolment form with your details and we will ensure that you receive Newsletters by e-mail.

Look out for details of a series of one-off presentations and discussion groups at the Barrington Centre, on 'Autumn Fridays' and 'Spring Fridays'

FERNDOWN U3A WEBSITE - IMPORTANT

PLEASE READ THIS PART EVEN IF YOU DO NOT HAVE A COMPUTER

Recently we have made further improvements to our website, and on-line database, both of which display general information and details of the current programme. The website can be viewed by anyone.

Ferndown U3A members can log-in to the database with a personal password to view the groups on which they are booked or for which they are waiting, as well as payments they have made. Group Leaders will also be able to view the list of members booked on their activities.

The website and database are protected by security measures which have been checked with U3A head office and data protection authorities.

All our administrative team have signed a privacy notice and we do not share any personal details with anyone else.

ALL members are requested to notify the Membership Secretary of any changes to their name, address, telephone number or e-mail address.

Please note that it is not possible to enrol on-line.

The majority of our members are now on the internet and e-mail and this is a quick and cost effective way to convey Newsletters and other information.

HOW DO I ACCESS THE WEBSITE AND ONLINE DATABASE?

To access the website, go to:

<http://www.ferndownu3a.co.uk>

On the HOME page, select the **DATABASE tab**, select the link you need. Once on the database you can view full details of all groups and current vacancies.

To view your **booking** details or to change your password, you will need to log-in.

To receive a username and password or to request further assistance, please contact the Membership Secretary: ferndownu3a@googlemail.com

The U3A Movement is non religious and non political and has three main principles;

THE THIRD AGE PRINCIPLE

1. **Membership of a U3A is open to all in their third age, which is defined not by a particular age but by a period in life in which full-time employment has ceased.**
2. **Members promote the values of lifelong learning and the positive attributes of belonging to a U3A.**
3. **Members should do all they can to ensure that people wanting to join a U3A can do so.**

THE SELF-HELP LEARNING PRINCIPLE

1. **Members form interest groups covering as wide a range of topics and activities as they desire; by the members for the members.**
2. **No qualifications are sought or offered. Learning is for its own sake, with enjoyment being the prime motive, not qualifications or awards.**
3. **There is no distinction between the learners and the teachers; they are all U3A members.**

THE MUTUAL AID PRINCIPLE

1. **Each U3A is a mutual aid organisation, operationally independent but a member of the Third Age Trust, which requires adherence to the guiding principles of the U3A movement.**
2. **No payments are made to members for services rendered to any U3A.**
3. **Each U3A is self-funded with membership subscriptions and costs kept as low as possible.**
4. **Outside financial assistance should only be sought if it does not imperil the integrity of the U3A movement.**

From our Chairman

The self-help principle is paramount and Ferndown U3A is reliant on two groups of volunteers: Firstly, the 50 Tutors who run our 75 courses for the enjoyment of members and secondly, the 12 committee members who ensure the day to day groups run smoothly, plan year on year for the next year's programme and facilitate the organisation of extra curricular activities. New volunteers are constantly sought from the membership to enhance both the above groups. So if you have a subject on which have knowledge and are keen to share, please contact Bob Reeve our Group Co-ordinator. All assistance will be offered and trial classes organised to help you gain confidence in presenting your ideas. For those more interested in organisation and being busy throughout the year, please think about joining the committee. Brian Williams, our chairman, will be delighted to meet all interested members. The more members we have the more the work can be shared and the tasks made easier.

Strong self-help principles make the U3A. This motivation inspires so many 3rd Age members so let's capitalise on this and make Ferndown U3A a stimulating organisation for us all to enjoy.

Brian Williams

In the spirit of these U3A principles, we urge you to consider what YOU can contribute before completing the offer boxes at the bottom of the enrolment form.

**A series of talks and presentations
Fridays 10.30 – 12 noon: Conference Room, Barrington Centre**

- | | | |
|--------------|---|-----------------------|
| Sept 16 | 'OPENING FRIDAY' QUIZ | (Rodger Pettengell) |
| Sept 23 | DISCOVERING DORSET: Introduction | (Judith Hodges) |
| Sept 30 | 'IN-HOUSE FRIDAY': 'Who were the real Mad Men?' | (Alastair Crompton) |
| Oct 7 * | 'FIRST FRIDAY' TALK 'Forensic Pathology' | (Dr Basil Purdue) |
| Oct 14 | DISCOVERING DORSET: TALK 1 | |
| Nov 4 * | 'FIRST FRIDAY' TALK : 'Trading standards in Dorset' | (Richard Herringshaw) |
| Nov 11 | DISCOVERING DORSET: TALK 2 | |
| Nov 18 | 'IN-HOUSE FRIDAY': 'All our yesterdays – popular music' | (Ron Ellis) |
| Dec 2 | Discovering Dorset: Quiz | (Judith Hodges) |
| Dec 9 | AGM (10.30 for 11.00, followed by a buffet lunch)
At St Mary's Church Centre | |
| 2017 | | |
| Jan 6 * | 'FIRST FRIDAY' TALK: 'Further reflections on British justice' | (Nick Tucker) |
| Jan 13 | DISCOVERING DORSET: TALK 3 | |
| Jan 20 | 'IN-HOUSE FRIDAY': 'The development of independent commercial aviation in the UK: 1945-1970' | (Rodger Pettengell) |
| Feb 3 * | 'FIRST FRIDAY' TALK: 'Sights and sounds of New Zealand' | (Christopher Legrand) |
| Feb 10 | DISCOVERING DORSET : TALK 4 | |
| Mar 3 * | 'FIRST FRIDAY' TALK: 'How Parliament works: Episode 2' | (Elizabeth Price) |
| Mar 10 | DISCOVERING DORSET: TALK 5 | (Bob Reeve) |

* Teas and coffees will be available from 9.45 on these dates

Further talks until the end of May are currently being arranged

GROUPS

When choosing groups please be aware that some venues may be unfamiliar to you.

For full details of all venues please turn to page 29

ART

A1 ART WORKSHOP 1 (Diane Conway)
Barrington Centre, Hayes Room Mondays 9.30 - 12.30
Come and enjoy our workshop and paint in a friendly and relaxed atmosphere. No tuition is given, but suggested projects and encouragement from other members is always available. "Our 'mission' is just to relax and enjoy our art with no stress."

A4 ART FOR ALL (Ruth Muspratt)
Barrington Centre, Hayes Room Tuesdays 9.30 - 12.00
Whether you are a complete beginner or someone who just enjoys painting as a hobby, you are welcome. We can either start you off with the basic knowledge of paint and materials, or give you the opportunity to paint freely in a friendly atmosphere where we all help each other.

A5 WATERCOLOURS AND MIXED MEDIA (Janet Price)
Barrington Centre, Conference Room Tuesdays 9.30 - 12.30
Bring your own materials (watercolour, oils, acrylic and pastels) and do your own thing in a friendly and sociable atmosphere. No tuition will be given but lots of moral support. Card makers also welcome.

A6 ART HISTORY - EUROPEAN ART FROM THE 15th CENTURY
Barrington Centre, Bar Tuesday Monthly 11.15 - 12.30 (Judith Hodges)
Dates: 4th Oct, 1st Nov, 10th Jan, 7th Feb, 7th Mar, 2nd May
plus optional visit to Southampton Art Gallery on Tuesday 20th September.
This year the group will revisit Renaissance art, but will then look at later periods; Mannerism, Pre-Raphaelite, Realism, Impressionism, etc.
Members will be encouraged to share their favourite paintings with the group.

A7 NEW TEN GREAT PAINTINGS EXPLORED AND EXPLAINED (Alastair Crompton)
Mick Arnold/Noisy Room FVH Wednesdays 9.30 - 10.30 (Spring term only)
Start Date: 11th January 2017
Ten one hour illustrated talks, each complete in itself, interrogating some of the most famous, accomplished, memorable and moving paintings in Western Art. Painters discussed include Leonardo, Degas, Velazquez, Picasso and Goya. We will review their lives and their backgrounds, then delve into their works, reflecting on the best that's been written about them. For a detailed programme please email gandacrompton@gmail.com.

BRIDGE

The Bridge co-ordinator:

Jenny Bass — e-mail: jmbass17@gmail.com
Telephone 01202 873228

As in previous years, every effort will be made to admit members to the group of their choice. However, to avoid overcrowding and excessive disparities in the skill level it may be necessary to transfer some members between groups during the year. The maximum number permitted in group BA1 and B1 will be 20; in groups B2, B3 and B6 it will be 40; and in group B4 it will be 24.

Everyone joining Ferndown U3A Bridge must fill in the Enrolment Form in the centre of this programme. If you wish to join a Bridge group that runs for 50 weeks of the year please add a supplement of £20 per member, per group.

All members are expected to use Basic Acol / Standard English, Foundation Version. (Weak N.T., Weak take outs, Stayman & Blackwood. Modern development encourages Duplicate players to use Transfers & Weak twos bidding).

Some Bridge groups have a requirement that you attend with a partner. For these groups it is essential that both members submit their Enrolment Forms and cheques together in the SAME envelope. If you do not do this no guarantee can be given that both members will be included in the same group if it is oversubscribed.

BA1 BEGINNERS BRIDGE (Brian Williams)

West Moors Middle School Wednesdays 1.30 - 4.00
This group is for those who know nothing about Bridge and also for those who know how the game is played but who wish to improve their game. The group is not for the expert and will not make you an expert Bridge player. It does not cover expert bidding, play or defence, but it does cover the ordinary, standard situations, the basics of the Acoll system, that make up 95% of the game and in which many novice players go wrong.

BA2 IMPROVERS BRIDGE (Tim Lines)

Barrington Centre, Studio Wednesdays 1.30 - 4.30
We play friendly Rubber Bridge with the emphasis on enjoyment. Minimal tuition is given but advice is offered when requested. To join this group you should be able to open, respond and re-bid correctly in most circumstances.

BA3 NEW DUPLICATE IMPROVERS (Brian Williams)
Barrington Centre, Conference room Thursdays 1.30 - 4.00 (6 weeks)

Dates: 15th, 22nd, 29th Sept, 6th, 13th, 20th Oct
A short course, for those who can play Bridge, to teach the basic rules and tactics of Duplicate Bridge. The techniques of Duplicate are easily and quickly absorbed and enjoyed most by those who relish a challenge and friendly competition. This course could be

**THE FOLLOWING BRIDGE GROUPS WILL RUN FOR 50 WEEKS PER YEAR
AND ATTRACT A SUPPLEMENT OF £20 PER MEMBER, PER GROUP
WHICH SHOULD BE ADDED TO THE ENROLMENT FEE.**

B1 CHICAGO BRIDGE (Greg and Tiggy Ansell)
Ferndown Adult Training Centre Mondays 1.00 - 4.00
Start Date: 5th September

We will adopt the Chicago method of changing tables and scoring. This allows varying numbers to be accommodated. **You do not need to come with a partner.** The aim is to have an enjoyable social afternoon. To join this group you should be able to open, respond and re-bid correctly in the majority of circumstances.
No instruction or guidance is to be expected in this group, unless requested.

B2 DUPLICATE BRIDGE – selected standard (Brian Williams)
Heatherlands Tuesdays 1.00 - 4.30
Start Date: 6th September

We will play Duplicate Bridge all year. You will need a partner and it is preferable to arrange this in advance, but if you are unable to do so there is often a spare player available. To join this group you should be able to open, respond and re-bid correctly in most circumstances.

B3 DUPLICATE BRIDGE (Richard Buxton)
Heatherlands Wednesdays 1.00 - 4.30
Start Date: 7th September

We will play Duplicate Bridge all year. To join this group you need:

- 1) A regular partner, but there are often temporary partners available when yours is away.
- 2) Be able to open, respond and re-bid correctly in the majority of circumstances.
- 3) One member of the partnership needs to be able and willing to score.

B4 CHICAGO BRIDGE (Yvonne Warner & Kevin Steele)
Ferndown Adult Training Centre Thursdays 1.00 - 4.00
Start Date: 8th September

We will adopt the Chicago method of changing tables and scoring. This allows varying numbers to be accommodated. **You do not need to come with a partner.** The aim is to have an enjoyable social afternoon. To join this group you should be able to open, respond and re-bid correctly in the majority of circumstances.
No instruction or guidance is to be expected in this group, unless requested.

B6 CHICAGO BRIDGE (Jenny Bass)
Heatherlands Fridays 1.00 - 4.00
Start Date: 9th September

Just basic Bridge in a friendly and relaxed environment. This group is designed for those moving on from the Improvers' course but can accommodate and would welcome players with more experience to leaven the mixture. It is expected that members will be able to open, respond and re-bid correctly in most circumstances.

CRAFTS

C1 CHAIR CANING (Mike Power)
At home in Ferndown Mondays 2.00 - 4.00

If you have a cane seated chair that is in need of repair this course is ideal for you. Alternatively if you would just like to learn the craft but have no chair, fear not, I have several you can practise on and even purchase afterwards.
I will show you the six step pattern common to most chairs and at the first group meeting will let you know what tools are needed and the type of cane you will need.

C2 PATCHWORK AND QUILTING FOR BEGINNERS, & GENERAL CRAFTS (Pat Dowell)

Barrington Centre, Studio Tuesdays 11.00 - 12.30
This will remain a general craft group, but with emphasis on English Quilting and Patchwork for beginners. We will also do card-making. Members are encouraged to bring their own materials, however some materials may be purchased at meetings. Feel free to bring along your own craft project and join this friendly group where new members will be warmly welcomed.

C3 BEADWORK (Barbara Wescott)
Barrington Centre, Hayes Room Wednesdays 1.30 - 3.15
Learn to make beautiful things with beads. Advice and help will be given at the first meeting on what materials to use.

C4 KNITTING AND NATTERING (Bea Barr)
At home in Three Legged Cross Tuesdays 2.00 - 4.00
A chance to have a good natter with like-minded knitters in a relaxed and informal group.

C5 WOODWORK FOR GARDENERS (John Drew)
At home in West Parley Mondays 9.30 - 12.00 (6 weeks)
Start Date: 31st October
Previous groups have made planters, trugs, bird tables, plant theatres, obelisks and vertical vegetable gardens.

DISCUSSION GROUPS

D3 GREEN FINGERS (Jane Norris & Barbara Gooch)
At various homes 2nd Wednesday Monthly 2.00 - 4.00ish
Dates: 14th September at Barbara's home (address to be supplied).
12th Oct, 9th Nov, 11th Jan, 8th Feb, 8th Mar, 10th May
Gardening for beginners and experienced alike. Come along and share ideas and knowledge with like-minded 'green fingers'. Please dress suitably for the weather.

D5 CURRENT AFFAIRS 1 (Brian Williams)
Barrington Centre, Conference Room Thursdays 9.30 -10.45
Members enjoy a full and free discussion of important topics chosen by the group.

D5A CURRENT AFFAIRS 2 (Doreen Kinnear)
West Moors Middle School Wednesdays 11.15 - 12.30
Members enjoy a full and free discussion of important topics chosen by the group.

D6 INTRODUCTION TO PHILOSOPHY (Judith Hodges)
Barrington Centre, Hayes Room Wednesdays 3.30 - 4.30 (Eight weeks)
Start Date: 21st September (Autumn Term Only)
No qualifications necessary - just an interest in thinking about, and discussing, the main questions which philosophers have considered for thousands of years.

D7 A BROAD LOOK AT THE LAW (Clare Clayton)
Barrington Centre, Studio Thursdays 11.00 - 12.30 (Autumn term only)
Dates: 15th & 29th Sept, 13th Oct, 3rd & 11th Nov, 1st Dec
An informal group to consider a wide variety of legal issues - how are laws created, different categories of law such as criminal, civil, administrative and judicial review, as well as some more specific topics such as European law and how our legal system "fits together".

D10 NEW PSYCHOLOGY (Judith Hodges)
Barrington Centre, Bar Tuesdays 9.30 - 10.45
Dates: 13th & 27th Sept, 11th Oct, 8th & 22nd Nov, 6th Dec,
10th & 24th Jan, 7th & 21st Feb, 7th & 21st Mar, 25th April, 9th & 23rd May
What do we know about the human brain? What are the limits of our knowledge? Cognitive Development - how our brain makes us who we are. Why are we all so different? Nature versus nurture. Social and Occupational psychology.
No previous knowledge required.

D11 NEW WORLD RELIGIONS (Sue Gomm)
At home in Ferndown Mondays 2.00 - 3.30 (Autumn term only)
Start Date: 26th September
This introductory group will look at the historical background and key beliefs of the major World religions, as well as what we can know of the ancient origins of religious belief. If the group members wish, we will continue in the Spring term.

D13 NEW PSYCHOLOGY STUDY GROUP (Judith Hodges)
At home in Northbourne Wednesdays 10.30 - 12.30 (Autumn Term)
Dates: 12th October, 9th November, 14th December
We will be looking at specific studies in Psychology; at how they were researched, what were the conclusions and how ethical were the research methods? We will move on to consider whether the conclusions are still valid.

D12 NEW PHILOSOPHY - Who? What? When? Why? How? (Carol Holmes)
St Mary's Church, Lounge Tuesdays 1.30 - 3.00 (Spring term)
At its heart Philosophy is about thinking; about why things are the way they are, how we should live, how can we be certain of what we know and what meaning if any, there is to our existence.

Do you love thinking about truth, knowledge and wisdom? Almost everybody indulges in philosophy informally when we spend time wondering about the same questions addressed by the great philosophers, such as right and wrong, truth and lying, moral obligations and free will. There are no right answers. The reflective journey through a range of philosophical ideas is worthwhile as it shows how they have shaped the way we think, from Plato's cave to medical ethics and genocide.

GAMES

G1 SCRABBLE, CANASTA AND OTHER GAMES (Bea Barr)
Ferndown Village Hall Wednesdays 1.15 - 3.15
It will be mainly Scrabble with the introduction of Rummikub, Triominos, Canasta etc. Please bring games you wish to play to each session.

HISTORY

H2 THE MAKING OF THE ENGLISH PEOPLE (Jim Barber)
Mick Arnold/Noisy Room FVH Tuesdays 11.15 - 12.45
(Spring term only)

From their beginning to the present day, a visual, uncomplicated, and thought-provoking look at the events that have shaped the English people. There will be ten sessions, and you will be helped on a journey through some of the major events and people that still affect the English values and views of today.

H3 THE BLUE LAMP - Part 2 (Rodger Pettengell)
St Mary's Church, Venue 1 Wednesdays 9.30 - 10.45 (Spring term only)

There is no expectation that members will have previously attended Part 1. We will devote the sessions to examining a number of interesting murder cases, each of which will be unique. Some will have had an influence on the judicial system whilst others will highlight the responsibility police have in investigating what may appear to be routine offences.

H5 FAMILY HISTORY — THE BASICS (Brian Bevis)
Mick Arnold/Noisy Room FVH Thursdays 9.30 - 10.45 (Autumn term only)
Curious about who contributed to your DNA? Put off by the media image of: 'you need us', which web sites, books, etc generate, and paying their costs? Maybe it's the idea that it is very difficult that puts you off. No doubt: 'it's easy when you know how', and gaining experience takes time. Yet you could use my years of experience of developing successful, tried and tested methods, as a short cut to your success. It's not difficult, or expensive; in fact it's as easy as ABC. This introductory course explains what not to do, to be successful, and that can take you to the advanced course. Any questions? E-mail me at brian.bevis@sky.com. P.S. If you have done the course before and could do with a refresher, with some new methods/ideas, then sign up.

H5A FAMILY HISTORY — THE BASICS IN FIVE WEEKS (Brian Bevis)
Mick Arnold/Noisy Room FVH Thursdays 9.15 – 12.00 (Summer Term only)
Dates: 27th Apr, 4th, 11th, 18th & 25th May

Yes, the basic course is going to be run in 5 WEEKS not 10!

During the summer term I am running the FU3A Basic Family History course for those who do not have 10 weeks of free time, by running double periods each Thursday morning, starting on April 27th. It is especially for those who felt it was expensive and difficult to do, because it is actually as easy as ABC and the biggest expense is your FU3A membership fee, which as you have already paid it makes this free.

This course is full of tried and trusted simple step by step methods. No need to take notes as you get copies of every presentation, and there is an on-line help service throughout the 5 week course. A double period is an easy choice as you are just staying a little longer, and still have the whole afternoon free. That's what I am going to do, so join me, and find out about the mysterious people who are your ancestors.

H6 FAMILY HISTORY — FURTHER BACK (Brian Bevis)
Mick Arnold/Noisy Room FVH Thursdays 9.30 – 10.45 (Spring Term only)

If you have completed the H5 group, then you can step back further in time with this second 10 - week session. Pre -1837 requires different procedures and plans for identifying and learning about your ancestors. Family history is now stretching past the written word of 1068, opening other possible channels of learning. This is an opportunity to know those, who for the past 12 generations, have contributed to your DNA.

H8 TEN GREAT ACHIEVEMENTS OF WESTERN MAN (Alastair Crompton)
Mick Arnold/Noisy Room FVH Wednesday 9.30 - 10.30 (Autumn term only)
Dates: 21st & 28th Sept, 5th, 12th & 19th Oct, 2nd, 9th, 16th, 23rd & 30th Nov

Ten one-hour illustrated talks, each complete in itself, looking at the lives and achievements of pre-eminent inventors, doctors, scientists, civil engineers, medical researchers, dental surgeons, a theologian, and 1000 pioneers who literally walked across the USA. Human ingenuity, daring and selflessness at its best.

For a detailed programme please email gandacrompton@gmail.com.

H9 MILITARY HISTORY (Inc. Naval and Air Forces) (Barry Wye)
At home in West Moors Thursday monthly 11.15 - 12.30
Dates: 13th Oct, 10th Nov, 8th Dec, 12th Jan, 9th Feb, 9th Mar

The format of members contributing to talks and discussions according to their interests and expertise has proved successful. It is hoped to develop this idea in the 2016-2017 year.

H11 NEW ARMIES AND NAVIES IN HISTORY (Tom McConnell)
Barrington Centre, Studio Wednesday 11.15 - 12.30

This group is NOT about battles. It is about the recruitment, equipment and movement of armed forces and how they are influenced by geography and by the societies of which they are a part. We will cover 6,000 years of mostly Western history.

*If you detach these 4 pages,
you can read the course details sequentially.*

ENROLMENT FORM

The Enrolment Form is overleaf.

There is an extra copy on the website should you require it.

Important Notes About the Enrolment Process

Before you start please read the Notes on page 18 about Enrolling, the Enrolment Fee, and Gift Aid.

You may choose up to eight groups in total. You will be allocated your first four choices (or put on the waiting list) before we consider your remaining choices.

As this could result in longer waiting lists, we will impose the rules for non-attendance more strictly. If you fail to attend three consecutive sessions without notifying the Group Leader beforehand, you may be removed from the group and the place reallocated.

To be included in the first round of allocations, your enrolment form needs to arrive by FRIDAY JULY 15th at the latest.

All applications will be considered together shortly after this date, irrespective of when they are posted.

We are sorry it is not possible to apply by e-mail.

It is important that we receive as many applications as possible by this cut-off date, to reduce the risk that a group has to be withdrawn because of lack of support.

We will let you know by the end of July which groups you have been successfully allocated.

For applications received after the cut-off date, any remaining places will be allocated on a first-come, first-served basis.

ENROLMENT FORM 2016/17

SURNAME FIRST NAME TITLE

ADDRESS

TEL NO. POSTCODE

E-MAIL ADDRESS MEMBERSHIP NUMBER

<i>Code</i>	<i>Subject</i>	<i>Day</i>

If you would like us to treat the enrolment fee as a Gift Aid donation, (Charity number:1073206), please tick to confirm you are a taxpayer.

Please sign: Date:

NOTES

Please access your results via the internet. If you are able to do so please tick the box to indicate that this is what you will do.

Please note: We will only notify your results by post if you DO NOT have an e-mail address registered with us and you enclose a S.A.E.

Any photographs taken during activities may be used in U3A publicity material. It is your responsibility to exclude yourself from any photographs, if you do not wish for yours to be used in this way.

We would like to know more about our members' interests. Please tick as appropriate. (we hope everyone will tick at least one box!):

- I am currently a group leader
- I have been a group leader in the past
- I would be interested in helping to lead a group in the future
- I am a Committee member
- I have been a Committee member in the past
- I would be interested in being a Committee member in the future
- I am willing to help with refreshments on an occasional basis
- I am willing to help with trips organised by FU3A

TO ENROL:

1. Complete the enrolment form. *It is not possible to enrol on-line.*
2. Sign the Gift Aid Declaration if appropriate.
3. Enclose a cheque for £47 (or more for some Bridge groups)
Most Bridge groups meet outside term times, up to 50 weeks per year, and for these there is a supplement of £20 per member, per group. If you wish to enrol for such a group or groups (i.e. groups B1 - B6) please add the supplement to the enrolment fee, and write a cheque accordingly.
*e.g. 1 Bridge group (including enrolment fee) £67; 2 Bridge groups £87;
3 Bridge groups £107; 4 Bridge groups £127.*
4. Make cheque payable to: **Ferndown and District U3A.**
5. Only enclose a stamped, self addressed envelope, if you DO NOT have access to the internet.
6. Post to: **Ferndown U3A, c/o 21 Braeside Road, West Moors BH22 0JS**

If you have an email address please print it clearly on your enrolment form, even if you have given it to us previously.

GIFT AID

It would help Ferndown U3A to keep fees down if you are able to sign the Gift Aid declaration. Last year we were able to claim nearly £5600 from HMRC. Without it, more than £8 would have to be added to the enrolment fee.

If you pay income tax please sign the declaration - the more members who do so, the more we all benefit.

JOURNEYS OF DISCOVERY

J1 DISCOVERING DORSET (Judith Hodges)
Barrington Centre, Conference Room Normally 2nd Friday monthly 10.30 - 12.00 and 4th Friday monthly 10.30 onwards for field visit.
Dates: 23rd Sept, 14th Oct, 11th Nov, 2nd Dec, 13th Jan, 10th Feb, 10th Mar, 12th May for the talks. Dates of visits will be confirmed at each talk.
Following on from last year we will look at more places of interest in Dorset. We will have a talk each month about a new place, and 2 weeks later those who wish to can make a visit there. Just come along with an idea of somewhere you are passionate about and we can look forward to another successful year.

KEEPING FIT AND HEALTHY

K1 BADMINTON 1 (Keith Verrion)
Ferndown Village Hall Tuesdays 1.00 - 2.30
A friendly, enthusiastic & mixed ability group. We welcome players of all standards but some experience is necessary. If you played in the past, you probably still can!
Numbers are strictly limited to ensure that participants have plenty of exercise.
No need to bring a partner.

K2 KEEP FIT AND HEALTHY BADMINTON (Pat O'Riordan)
Ferndown Village Hall Tuesdays 2.30 - 4.30
As K1.

K3 LINE DANCING (Jean Horsey)
Heatherlands Tuesdays 1.30 - 2.30
Beginners leading to improvement! Come along and have some fun - no partners needed.

K4 TABLE TENNIS - IMPROVERS (Ruth Muspratt)
United Church, Ferndown Mondays 2.00 - 3.30
The group has a great time with much laughter and fun, but also improved play.

K5 TABLE TENNIS - EXPERIENCED (Bob Whittall)
United Church, Ferndown Mondays 3.30 - 5.00
Experienced players only.

K6 KEEP FIT (Kath Hollingworth)
United Church, Ferndown Wednesdays 2.00 - 3.15
This exercise group is aimed at improving health, fitness and quality of life with a varied programme of evidence-based exercises which are known to be safe and effective to improve mobility, stamina, muscle and bone strength, flexibility, balance and heart health. The programme will be varied and fun. It will be tailored to meet all levels of fitness and health. No one will feel left out. There will be a fee payable at the start of each term equivalent to £2.00 per session.

K7 ENGLISH FOLK DANCING (Margaret Thomas and Ray May)
St Mary's Church, Beacon Room Wednesdays 11.00 - 12.30
In this group we see how English country dancing has continued and developed from 1950 to the present day. A friendly and sociable way to spend a morning!

K8 ENGLISH COUNTRY DANCING (Margaret Thomas and Diane Conway)
Ferndown British Legion Thursdays 11.00 - 12.30
Many are unaware of the long and continuing tradition of English country dancing which has involved and delighted people for centuries. In this group we explore dances from 1650 -1950. Come and discover this very sociable scene and keep this tradition alive and flourishing.

K9 TABLE TENNIS - EXPERIENCED 1 (Margaret Hart)
St Anthony's Church Hall, West Moors Fridays 9.30 - 11.00
Experienced players only.
During Lent meetings will be held on Tuesdays.

K10 TABLE TENNIS - EXPERIENCED 2 (Bob Whittall)
St Anthony's Church Hall, West Moors Fridays 11.00 - 1.00
This group is mainly for experienced players.
During Lent meetings will be held on Tuesdays.

K11 ENGLISH COUNTRY DANCING WORKSHOP (Margaret Thomas)
Ferndown Village Hall Tuesdays 4.30 - 6.00
In this group we look closely at a small number of more demanding dances, with special attention to style and movement. Members should be familiar with the basic figures of English Country Dancing.

K13 NEW BALLROOM / LATIN DANCING (Jean Kitz and Brian Morgan)
Ferndown Village Hall Wednesdays 9.30 - 11.00
This is a continuation class following on from last year, but beginners are also welcome as there will be some revision and new dances. Partners not absolutely necessary.

LANGUAGES

L1 VAMOS A CONOCERNOS DURANTE LA TERTULIA (Maria Gonzales)
At home in Ferndown 2nd and 4th Mondays 2.30 - 3.45
Start date: 26th September
This translates as "Let's know each other during the gathering". This is **not** a group for beginners, but for those who already have a good Spanish vocabulary.

L5 SPANISH (Led by a triumvirate of members)
At Tim Lines's home in Ferndown Wednesdays 10.45 - 12.15
The Spanish group will continue to run during the coming year. It is not a group for absolute beginners but rather suits those with a little knowledge of Spanish who would like to learn more or retain what they do know.

L6 PARLONS FRANCAIS - YEAR FOUR (Marion Lock)
Barrington Centre, Studio Thursdays 9.30 - 10.45
Do you visit France regularly? Do you have a second home there? Do you have an interest in French language and culture? If your answer to any of these questions is "Oui" come and join our lively group. Continuing our progress with the help of *Facon de Parler* (Edition 5) we shall be exploring a wider range of situations where we can use the language we are learning, and be able to explain what we've done in the past, and what we're going to do in the future. "Au prochain trimestre!" (See you next term!)

L8 FRENCH CONVERSATION (Richard Tucker)
St Mary's Church, Lounge Tuesdays 11.15 - 12.30
(Autumn and Spring Terms)
Dates: 4th & 18th Oct, 1st, 15th & 29th Nov, 10th & 24th Jan, 7th & 21st Feb, 7th & 21st Mar
The object of the group is to improve conversational skills for those already having some knowledge of the language. The emphasis will be on speaking French, as well as some reading/translating.

L9 GERMAN LANGUAGE YEAR THREE (Anne Rio)
Barrington Centre, Studio Wednesdays 9.30 - 10.45
This is a continuation of the group begun last year. Although it is a grammar-based group the emphasis is on conversation. The book we are using is *Living German* (7th Edition).

L11 NEW BEGINNERS GERMAN (Jean Kitz)
At home in Ferndown Thursdays 9.30 - 10.45
(Autumn term until 10th November: Spring and Summer, full terms)
An informal group for absolute beginners.

MUSIC

M1 ENJOYING MUSIC (Rachel Lewington)
Mick Arnold/Noisy Room FVH Mondays 2.15 - 3.45
We will study a wide variety of classical music using the very best recordings and scores where appropriate. We shall also place the music in context linking it to the life and times of the composer and to the history and art of the period.

M4 MUSIC APPRECIATION (Jo Brearley)
St Mary's Church, Beacon Room Thursdays 2.00 - 4.00
Dates: 22nd Sept, 6th & 20th Oct, 3rd & 17th Nov, 1st Dec,
12th & 24th Jan, 9th & 23rd Feb, 9th & 23rd Mar (Autumn and Spring only)

Come and enjoy listening to and learning about different composers, different styles of music and where the music 'sat' in the context of culture and society. The music will be chosen from a wide variety of composers from around the world. There will also be an opportunity for you to request your 'favourites' in a 'request spot' each term.

M5 OPERA (John Gooch)
At home in Colehill 4th Friday of the month 1.30 – 4.00 (or later)
Start date 23rd September
Life, love, sex and death! Viewing and discussing operas, all with English sub-titles. Interval with refreshments.

M6 ANYTHING BUT OPERA (Martin Tuck)
At home in Parley Fridays 2.00 - 4.00 (Autumn and Spring)
Dates: 16th & 30th Sept, 14th Oct, 4th & 18th Nov, 2nd Dec
20th Jan, 3rd Feb, 3rd, 17th & 31st Mar
Operetta, musical comedy, Hollywood musicals etc. Complete work at each session.

M8 NEW FIVE GREAT CHORAL WORKS (Bob Reeve)
Barrington Centre, Hayes Room Mondays 1.30 - 2.45
Dates: 9th, 16th, 23rd and 30th Jan 6th Feb
We will place these works - including Tallis's great 40-part motet *Spem in alium*, Handel's *Messiah* and Mozart's *Requiem* - in their historical and social perspective, and also look at their interpretation from the perspective of the performer and conductor.

NATURE

N1 NEW NATURE WALKS (Clare Clayton & John Mullett)
Saturdays monthly - weather permitting
Dates: 1st Oct, 5th Nov, 3rd Dec
Short nature walks (2-3 miles lasting approx 2 hours) to look at flora and fauna in the local area starting at 10.30am. Routes to be advised.

N2 WILDLIFE BRITAIN (John Mullett)
St Mary's Church, Lounge Tuesdays 11.15 - 12.30
Dates: 27th Sep, 11th Oct, 8th & 22nd Nov, 6th Dec,
17th & 31st Jan, 28th Feb, 14th & 28th Mar, 25th Apr, 9th & 23rd May
A look at a selection of the diverse flora and fauna of Britain, including birds, animals, butterflies and wild flowers, trees etc. With pictures and a commentary on each of them to generate an interest and appreciation of what Britain has to offer.

N3 NEW RSPB 'BIG BIRD WATCH' (Derek Holden and Alan Bass)
Barrington Centre, Studio Mondays 23rd & 30th January 3.15 - 4.30
Find out about this annual bird-count organised by the RSPB; do some counting in your garden; and meet up again to share the results. Two single meetings in January 2017.

TECHNICAL AND SCIENTIFIC TOPICS

T1 ASTRONOMY (Graeme Nash)
St Mary's Church, Beacon Room Mondays 2.00 - 4.00
This one year group deals with all aspects of astronomy. Topics considered include some basics of the Earth's place in the universe, the history of astronomy to 1900, instruments and observing techniques, the solar system, the Sun, the stars, galaxies and cosmology, including the origin of the universe. Weather permitting, observations of the Sun (using safe filters) and Venus are made. The presentation is informal with use made of view graphs, slides, models and astronomical equipment. No previous knowledge of astronomy is assumed. Active participation by group members is encouraged and extra topics suggested by them are warmly welcomed.

T7 NEW EXPLORE MATHS (Cornelius Cornes)
West Moors Memorial Hall Thursdays 9.30 - 12.00 (Autumn and Spring)
Dates: 15th, 22nd & 29th Sept
23rd Feb, 2nd, 9th & 16th March
Novice or expert, you are welcome. As well as brushing up from last year, we shall delve into some of these exciting topics; Financial Investment and Gambling, Playing games, Newton's Apple, What the Grandchildren learn, Venn diagrams, Calculus, Trigonometry - and who knows what else, because Maths is the basis of the Universe.

T8 GET TO KNOW YOUR IPAD AIR - Even more! (Maggie Shew)
West Moors Middle School Wednesdays 9.30 - 11.00 (6 weeks)
Start Date: 14th, 21st & 28th Sept, 5th, 12th & 19th Oct
A revision of last year's group plus a little more. For beginners. Everyone **must** have an iPad.

T10 NEW COMPUTER ASSISTANCE (Jim Cooke)
A 'one-to-one' session of approximately 90 minutes to cover general basic operation or look at specific projects or problems with your computer or laptop. If time & numbers allow, a second session may be available. Sessions would be held on a mutually agreed day/time, ideally at your own home or, if you prefer, at Jim's house in Ensbury Park.

WORDS - WRITTEN, SPOKEN AND VISUAL

W1 SHAKESPEARE (Enid Rothwell)
(Autumn and Spring terms only)
At home in Ferndown Tuesdays 9.30 - 10.45
We shall spend the first term with *The Tempest*. The second term will be determined by the group.

W2 DRAMA WORKSHOP (Rita Burke)
Ferndown British Legion Tuesdays 2.00 - 4.00
I am a retired drama teacher who has produced and directed many school productions from Shakespeare to panto. Come along and forget yourself, experience improvisations of character, situations tragic or comic based on real or imaginary lives. Do something you have always dreamed about and help create a piece of theatre. Men most welcome!

W3 READERS' CIRCLE (Clive Hood)
Mick Arnold/Noisy Room FVH 3rd Wednesday monthly 11.00 -12.15
Dates: 21st Sept, 19th Oct, 16th Nov, 21st Dec,
18th Jan, 22nd Feb, 22nd Mar, 19th April, 17th May, 21st June
For a good summer read try the critically acclaimed *The Bonfire of the Vanities* by Tom Wolfe ready for our first meeting. At our October meeting (19th) we'll discuss *The Thread* by Victoria Hislop. Keeeeeep Reading! If you have any queries please call Clive on 01425 476540.

W4 CREATIVE WRITING (Peter Hunt)
Barrington Centre, Hayes Room Thursdays 9.30 - 11.00
This group works as a self-directed workshop, with members taking it in turn to lead the group. It is for people who like to express their feelings through prose or poetry, or who wish to try their hand at creating characters, situations or stories. Members give each other lots of encouragement and help. Writing is for our own pleasure and beginners are most welcome.

W5 PLAY READING (Elizabeth Newnham and Jan Gransden)
At home in Ferndown Thursdays 2.00 - 4.00
We read a range of plays, old and new, and meet a range of playwrights.
The group is not involved in performance so you can relax. Where else could you be a stropky teenager, a clever detective, a young lover, or a wicked villain for the afternoon?
Just bring your voice!

W6 FILM STUDIES (Alastair Crompton)
Barrington Centre, Hayes Room Fridays 2.00 - 4.30
(Autumn and Spring terms only)

2016 showings on 23rd Sept, 7th & 21st Oct, 4th & 18th Nov, 2nd Dec.
2017 showings on 13th & 27th Jan, 10th & 24th Feb, 10th & 24th Mar
How long is it since Hollywood offered us a musical? We seem to be starved of this genre of film. It's time to show some of those most joyous and uplifting movies, so come and watch: *High Society*, *West Side Story*, *Chicago*, *Cabaret*, *Guys & Dolls* and *Grease*.
After we've watched the film, we discuss it and give it our star rating. All opinions welcome and respected.

W7 NEW THE SILK ROADS (Helen Tremain)
St Mary's Church, Venue 1 Tuesdays 1.45 - 3.00
Forming a bridge between East and West, standing at the very cross roads of civilisation, the Silk Roads enabled our ancestors to trade, to exchange ideas and to learn from one another. Let's follow their progress.

W8 NEW THE BIBLE IN LITERATURE AND AS LITERATURE (Helen Tremain)
St Mary's Church, Venue 1 Wednesdays 1.45 - 3.00
The Bible - a publishing phenomenon and the best seller of all time. The Bible is not like any other book, having a complex history of its own, distinct from the many fine and frightening stories it happens to contain. Whether we regard the Bible as having religious authority or not, we can acknowledge the debt we owe to its creators.

W9 NEW EPIC JOURNEYS (Helen Tremain)
St Mary's Church, Venue 1 Thursdays 1.45 - 3.00
Monumental in scope and scale, the Epics depict characters with whom we are all familiar; warriors, adventurers, tyrants and opportunists; companions, helpers and interventionists. Achilles and Odysseus, Arthur and Beowulf, Roland and El Cid, Don Quixote and Bilbo enable us to follow them along the road to knowledge and self-realisation.

W10 NEW CRIME AND THRILLER BOOK GROUP (Olwen Reeve)
St Mary's Church, Venue 1 Mondays Monthly 3.00 - 4.15 (Autumn and Spring)
Dates: 10th Oct, 7th Nov, 12th Dec, 16th Jan, 6th Feb, 13th Mar
Do you like your novels to be exciting page-turners? If so, join this group, and over the Summer read *The Snowman* by Jo Nesbo and *Mr Mercedes* by Stephen King. In the process of the discussion we'll start to discover what makes a crime or thriller novel, and ask you to suggest what you would like to read in the future.

YOUR LIFE

Y4 COPING WITH BEREAVEMENT (Olwen Reeve)
At home in Ferndown Monday 11.15 - 12.30
Dates: 9th, 16th, 23rd & 30th Jan, 6th Feb
While bereavement is normal, it is different for everyone. This group aims to help those who have been bereaved, as well as those who are beginning to prepare themselves for when it happens. We will explore ways which may help people cope with the changes bereavement brings. Both the practical as well as the emotional aspects will be discussed, in preparation for the time when bereavement happens, and in the months which follow. Group members will be invited to contribute as much, or as little, as they wish during the time we are together.

Y5 COOKING FOR FRIENDS (Judith Hodges)
At home in Northbourne 3rd Monday monthly 9.30 - 12.30
Start Date: 19th September
A relaxed, hands-on, cookery group. Each session will focus on a particular food group and we will be cooking the sort of meals which fit with the more relaxed entertaining we enjoy these days. It will be 'supper' rather than 'dinner party' food which allows the host/s to spend more time with their friends and less in the kitchen! All equipment is provided but there is a small donation towards the cost of ingredients.

Y6 LEARN TO BAKE DAY (Judith Hodges)
At home in Northbourne One Day, Monday 23rd January 2017
10.00 - 4.00 (lunch included)
A single day session for those who wish to learn to bake. This will include, cakes, scones, biscuits, bread, sweet and savoury pastry, 'nursery' puddings, and if there is interest, some icing tips.

Y8 NEW BEGINNING TO THINK POSITIVELY

(Linda Lee and Jan Walker)

Barrington Centre, Conference Room

Monday 19th September 10.30-4.00 with a break for lunch

What you say, what you do, what you feel - all have their origin in the mind.

The energy of the human mind is thought. It is the greatest - but least understood - energy resource in the world. Thoughts are like seeds, each producing a distinctive flower that can either be creative or destructive. By understanding your own thinking patterns you can then choose positive thoughts, which in turn produce the greatest happiness.

MORE INFORMAL GROUPS

Z1 3 MILE WALKS

(Richard Buxton)

Second Friday of each month 10.00am at the starting point.

A walk of around 3 miles with no stiles and a point of interest, finishing at a pub for lunch, if you wish. Please e-mail buxton.home@nasuwt.net if you would like details of the walk each month.

Z2 5 MILE PUB WALKS

(Ian Burr)

Tel: 01202 855529 Third Friday of each month 10.00am start.

A walk of 5 miles, finishing at a pub for lunch. Watch the notice boards for details. E-mail: ianburr353@btinternet.com.

Z3 SATURDAY SINGLES' SOCIAL GROUP

(Pat O'Riordan)

Second Saturday of each month Tel: 01202 891774

This is a group of members who, primarily because they live alone, meet for a pub lunch. In addition, arrangements are made to attend the theatre, ballet, cinema, etc. on an ad-hoc basis, where everyone is welcome.

Z4 SKITTLES

(Brenda Baldry)

The Three-Legged Cross Pub

Fourth Friday Alternate months 11.15 - 3.00 (approx)

This regular event starts in September, with subsequent meetings in November, January, March and May. Please keep an eye on the notice-boards if you are interested - places will be limited. Tel: 01202 875851

Z6 PETANQUE BOULES

(Les Brand)

The Forest Inn, Ferdown Mondays 11.00 onwards

September to November and March to May (Weather permitting)

Just turn up when you can and join in. Tuition will be available. If you have your own boules please bring them along. Further details on 01202 876312 before 5.00pm.

SOCIAL EVENTS

FIRST FRIDAYS - Everyone Welcome

These regular coffee mornings will form part of the 'Autumn Fridays' and 'Spring Fridays' programme starting on September 16th. Committee members will be available for you to raise any issues and to answer any questions you may have.

Those discussions already arranged can be viewed on page 7.

Also look out for details on the website, in the Newsletter, and on the notice boards, for additional sessions.

Coffee and biscuits will be available in the Barrington Centre, Conference Room, each First Friday from 9.45am, followed by the talk or discussion group for that day.

The events on **Friday September 16th** and **Friday October 7th** will be an opportunity for us to welcome new FU3A members.

LANSDOWNE LUNCH (Everyone Welcome)

This popular gourmet lunch is held at the *Escoffier Restaurant* of the Bournemouth and Poole College. Recently this has been awarded an 'AA Rosette'.

It is usually held in late November and it enables the students to practise their catering skills.

Watch the Website, Newsletters and noticeboards for details.

TRIPS AND OTHER SOCIAL EVENTS

Trips and other social activities are organised throughout the year.

Please check the Website, Newsletters which are on the website or printed copies for those without internet access. Also check the U3A noticeboards in the Barrington Centre.

If you sign up early for advertised trips and other social events it will assist in the organisation process, and also ensure that there are sufficient members for the trip or event to run.

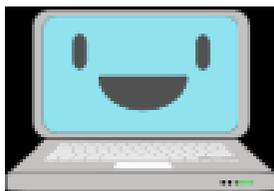
A NOTE ABOUT TRIPS and FU3A INSURANCE COVER

Please be aware that our cover only applies to FU3A members.

If you wish to include a partner or friend on a regular basis then that person will need to join FU3A.

This isn't an issue for 'one-off' guest attendance, but we will monitor this.

**ARE YOU MAKING THE MOST OF THE
INFORMATION AVAILABLE TO YOU?
VISIT THE FERNDOWN U3A WEBSITE**



www.ferndownu3a.co.uk

***If you don't have a computer you can
go online via a tablet, smart phone
or in the Library***

***It's friendly and easy to use,
so why not give it a try?***

***DON'T MISS OUT ON ANY EVENTS,
TRIPS, CHANGES TO EXISTING
GROUPS, AND ANY NEW GROUPS
OFFERED OVER THE YEAR***

***THE WEBSITE IS YOUR FIRST POINT
OF CALL FOR ANY INFORMATION
ABOUT FERNDOWN U3A***

DETAILS FOR EACH VENUE

Ferndown Village Hall (FVH) and Mick Arnold/Noisy Room
Church Road, Ferndown BH22 9ET

St Anthony's Church Hall, West Moors
8 Pinehurst Road, West Moors BH22 0AP

St Mary's Church
Church Road, Ferndown BH22 9EU
Telephone: 01202 897087

United Church, Ferndown
505 Wimborne Road, Ferndown BH22 9NF

St Mark's Church, West Parley
250 New Road, West Parley BH22 8EW

Heatherlands Community Centre
Barn's Road, Ferndown BH22 8XG

Barrington Centre
Penny's Walk, Ferndown BH22 9TH
Telephone: 01202 894858

West Moors Memorial Hall
Station Road, West Moors BH22 0HS

West Moors Middle School
Heathfield Way, Ferndown BH22 0DA

Ferndown Adult Training Centre
10 Mountbatten Drive, Ferndown BH22 9EL

Ferndown British Legion
Church Road, Ferndown BH22 9ET

Mornings 2016- 2017

MONDAY

A1	Art Workshop 1	9.30 – 12.30		Barrington, Hayes Room
Y5	Cooking for friends	9.30 - 12.30	Monthly	At home in Northbourne
Y6	Learn to bake day	9.30 - 4.30	23 rd Jan 2017 only	At home in Northbourne
C5	Woodwork for gardeners	9.30 - 12.00	6 weeks	At home in West Parley
Y8	Beginning to think Positively	10.30 - 4.00	19 th Sept only	Barrington, Conference
Y4	Coping with Bereavement	11.15 - 12.30	Spring 5wks	At home in Ferndown
Z6	Petanque Boules	11.00 - 1.00		The Forest Inn, Ferndown

TUESDAY

A4	Art for All	9.30 – 12.00		Barrington, Hayes Room
A6	Art History	11.15 - 12.30	Monthly	Barrington, Bar
W1	Shakespeare	9.30 – 10.45	Autumn & Spring	At home in Ferndown
A5	Watercolours and Mixed Media	9.30 – 12.30		Barrington, Conference
D10	Psychology	9.30 - 10.45	Fortnightly	Barrington, Bar
C2	Patchwork/Quilting/Gen craft	11.00 – 12.30		Barrington, Studio
L8	French Conversation	11.15 - 12.30	Fortnightly Autumn & Spring	St Mary's, Lounge
N2	Wildlife Britain	11.15 - 12.30	Fortnightly	St Mary's, Lounge
H2	Making of English People	11.15 – 12.45	Spring	Mick Arnold/Noisy Room FVH

WEDNESDAY

H3	Blue Lamp – Part 2	9.30 – 10.45	Spring	St Mary's, Venue 1
A7	Ten Great Paintings	9.30 - 10.30	Spring	Mick Arnold/Noisy Room FVH
H8	Ten Grt Achievements W Man	9.30 - 10.30	Autumn	Mick Arnold/Noisy Room FVH
K13	Ballroom / Latin Dancing	9.30 - 11.00		Ferndown Village Hall
T8	Get to know your Ipad Air	9.30 - 11.00	Weekly 6 wks	West Moors Middle School
L9	German Language year 3	9.30 - 10.45		Barrington, Studio
K7	English Folk Dancing	11.00 – 12.30		St Mary's, Beacon Room
W3	Readers' Circle	11.00 – 12.15	Monthly	Mick Arnold/Noisy Room FVH
L5	Spanish	10.45 – 12.15		At home in Ferndown
D5A	Current Affairs 2	11.15 - 12.30		West Moors Middle School
D13	Psychology Study Group	10.30 - 12.30	Monthly Autumn	At home in Northbourne
H11	Armies and navies in history	11.15 - 12.30		Barrington, Studio

THURSDAY

H5	Family History - the basics	9.30 – 10.45	Autumn	Mick Arnold/Noisy Room FVH
H5A	Family History - basics - 5wks	9.15 - 12.00	Summer	Mick Arnold/Noisy Room FVH
H6	Family History - Further Back	9.30 – 10.45	Spring	Mick Arnold/Noisy Room FVH
W4	Creative Writing	9.30 – 11.00		Barrington, Hayes Room
D7	A Broad Look at the Law	11.00 - 12.30	Fortnightly-Autumn	Barrington, Studio
H9	Military History	11.15 - 12.30	Monthly	At home in West Moors

Afternoons 2016 - 2017

MONDAY

B1	Chicago Bridge Club	1.00 - 4.00		Ferndown Adult Training C
M8	Five great choral works	1.30 - 2.45	Spring 5wks	Barrington, Hayes Room
N3	RSPB Great Bird Watch	3.15 - 4.30	2 meetings	Barrington, Studio
K4	Table Tennis - Improvers	2.00 - 3.30		United Church, Ferndown
T1	Astronomy	2.00 - 4.00		St Mary's, Beacon Room
C1	Chair Caning	2.00 - 4.00		At home in Ferndown
D11	World Religions	2.00 - 3.30	Autumn	At home in Ferndown
M1	Enjoying Music	2.15 - 3.45		Mick Arnold/Noisy Room FVH
L1	Vamos A Conocernos Durante	2.30 - 3.45	Fortnightly	At home in Ferndown
W10	Crime and Thriller book group	3.00 - 4.15	Monthly Autumn/Spr	St Mary's, Venue 1
K5	Table Tennis - Experienced	3.30 - 5.00		United Church, Ferndown

TUESDAY

K1	Badminton 1	1.00 - 2.30		Ferndown Village Hall
B2	Duplicate Bridge -Selected standard	1.00 - 4.30		Heatherlands
D12	Philosophy - Who? What? When?	1.30 - 3.00	Spring	St Mary's, Lounge
K3	Line Dancing	1.30 - 2.30		Heatherlands
W7	The Silk Roads	1.45 - 3.00		St Mary's, Venue 1
W2	Drama Workshop	2.00 - 4.00		Ferndown British Legion
C4	Knitting and Nattering	2.00 - 4.00		At home in 3 Legged Cross
K2	Keep Fit and Healthy Badminton	2.30 - 4.30		Ferndown Village Hall
K11	English Country Dancing Workshop	4.30 - 6.00		Ferndown Village Hall

WEDNESDAY

B3	Duplicate Bridge	1.00 - 4.30		Heatherlands
G1	Scrabble and Other Games	1.15 - 3.15		Ferndown Village Hall
C3	Beadwork	1.30 - 3.15		Barrington, Hayes Room
BA1	Beginners Bridge	1.30 - 4.00		West Moors Middle School
BA2	Improvers Bridge	1.30 - 4.30		Barrington, Studio
D3	Greenfingers	2.00 - 4.00	Monthly	At various homes
K6	Keep Fit	2.00 - 3.15		United Church, Ferndown
D6	Introduction to Philosophy	3.30 - 4.30	Autumn 8wk	Barrington, Hayes Room
W8	The Bible in/as Literature	1.45 - 3.00		St Mary's, Venue 1

THURSDAY

B4	Chicago Bridge	1.00- 4.00		Ferndown Adult Learning C
BA3	Duplicate improvers	1.30 - 4.00	6 weeks	Barrington, Conference
W9	Epic Journeys	1.45 - 3.00		St Mary's, Venue 1
W5	Play Reading	2.00 - 4.00		At home in Ferndown
M4	Music Appreciation	2.00 - 4.00	Fortnightly	St Mary's, Beacon Room

Mornings 2016- 2017 (Continued)

THURSDAY (Cont)

D5	Current Affairs 1	9.30 – 10.45		Barrington, Conference
L11	Beginners' German	9.30 - 10.45		At home in Ferndown
T7	Explore Maths	9.30 - 12.00	See main entry	West Moors Memorial Hall
L6	Parlons Francais – Year 4	9.30 - 10.45		Barrington, Studio
K8	English Country Dancing	11.00 – 12.30		Ferndown British Legion

FRIDAY

K9	Table tennis - Experienced 1	9.30 – 11.00		St Anthony's Church Hall
Z1	3 Mile Walks	10am onwards	Second Friday	
Z2	5 Mile Pub Walks	10am onwards	Third Friday	
J1	Discovering Dorset	10.30 - 12.00	Fortnightly	Barrington, Conference/visit
K10	Table tennis - Experienced 2	11.00 - 1.00		St Anthony's Church Hall
Z4	Skittles	11.15 - 3.00	Fourth Friday alternate months	Three-Legged Cross Pub

Afternoons 2016 - 2017 (Continued)

FRIDAY

B6	Chicago Bridge	1.00 - 4.00		Heatherlands
M5	Opera	1.30 - 4.00	Monthly	At home in Colehill
W6	Film Studies	2.00 - 4.30	Fortnightly Autumn and Spring	Barrington, Hayes Room
M6	Anything but Opera	2.00 - 4.00	Fortnightly Autumn and Spring	At home in Parley

SATURDAY

N1	Nature Walks	10-30 onwards	Dates Online and in Brochure	To be advised
Z3	Saturday Singles Social Group		Second Saturday Monthly	Various