



**The University of the 3<sup>rd</sup> Age**

*Registered Charity Number: 1073206*

## **PROGRAMME 2017 - 2018**

**A new year! 16 new groups,  
and plenty of old favourites**

**Enjoy sharing activities  
and knowledge  
with like-minded people**

**Learn**

**Laugh**

**Live**

### **AUTUMN TERM 2017**

18<sup>th</sup> September - 15<sup>th</sup> December  
(Half term 23<sup>rd</sup> - 27<sup>th</sup> October)

### **SPRING TERM 2018**

8<sup>th</sup> January - 23<sup>rd</sup> March  
(Half term 12<sup>th</sup> - 16<sup>th</sup> Feb)

### **SUMMER TERM 2018**

16<sup>th</sup> April - 25<sup>th</sup> May

**FERNDOWN and DISTRICT U3A** is an independent group with charitable status, affiliated to the Third Age Trust (the national body of the University of the 3rd Age), and is run entirely by volunteers.

**First of all, Ferndown U3A is not a 'university'. Rest assured that there are no entry qualifications and no exams.** We provide interesting and enjoyable leisure activities to mature people who are no longer in full-time employment. Whether you want to learn something new, pick up a past hobby or interest, or to socialise with a wide range of people, you will find something in this brochure.

The emphasis is on sharing experiences in a relaxed and welcoming atmosphere. Activities include regular discussion groups in a diverse range of subjects, together with walking groups, arts and crafts, sports, keep fit, dancing and much more.

All activities are run by our enthusiastic members and take place in and around Ferndown, some in people's homes, and others in places like the Barrington Centre, Ferndown Village Hall, St Mary's Church Centre and the British Legion.

**Website:** we have a vibrant website where you can find everything you want to know about us. Just go to: [www.ferndownu3a.co.uk](http://www.ferndownu3a.co.uk) where you can also access an on-line brochure, newsletters and details of trips or social events as soon as they are advertised.

**Newsletter:** this is produced 6 times a year and is a further forum to keep you informed. Each one includes news from the groups, useful information, puzzles and a book review. We actively encourage all members to contribute to both the newsletter and the website.

**Noticeboard:** If you don't have a computer, details of trips and events are provided on our board outside the Barrington Centre Conference Room.

### **The Annual General Meeting: Friday 15<sup>th</sup> December 2017 at 10am at St Mary's Church Centre.**

Doors open at 9.30 and drinks can be purchased from the Beacon Cafe. A complimentary brunch will follow the AGM and this is open to all attendees. To help with catering please obtain your ticket from Gerry in advance.

**The National Office:** is based in Bromley, Kent and may be contacted by telephone: 0208 466 6139, or for additional information, go to their website: [www.U3A.org.uk](http://www.U3A.org.uk)

**Local U3As:** There are a number of other U3As in the local area, in Bournemouth, Wimborne, Christchurch, Ringwood, Poole etc. You don't have to live in the area in order to join, and a number of Ferndown's members live in other local areas.

**FU3A Welcomes all members, both old and new. We appreciate any feedback (including negative!) which could make us even better!**

## **FERNDOWN U3A COMMITTEE**

Chairman and Business Secretary	Brian Williams
Vice Chairman and Groups Co-ordinator	Bob Reeve
Secretary	Glyn Bosanko
Treasurer	John Mullett
Membership Secretary	Richard Tucker
Bridge Co-ordinator	Jenny Bass
Social Secretary	Gerry Lewis
Asst Groups Co-ordinator and PR	Jean Stone
Accommodation Officer	Clare Clayton
Programme Compiler and Newsletter Editor	Judith Hodges
Website Co-ordinator	Maggie Shew
Community Liaison Officer	Yvonne Warner

### **TO CONTACT FERNDOWN U3A**



E-mail: [ferndownu3a@googlemail.com](mailto:ferndownu3a@googlemail.com) - this is the preferred option



Write to: Ferndown U3A, c/o 21 Braeside Road, West Moors BH22 0JS

### **TO ENROL**

**Please complete the Enrolment Form in the middle of this programme and follow the instructions on pages 17 & 20. It is not possible to enrol online.**

The annual fee for new members, or those returning after a break, remains at £47. For those who were members in 2016/2017 the fee - for this year only - will be £37.

Those attending bridge groups which run for 50 weeks of the year will incur an accommodation supplement of £20 per member, per group.

**Subject to availability you may apply for up to eight groups.**

Precedence will be given to the groups you number 1 - 4 on your Enrolment Form. All allocated groups are subject to availability. We regret that sometimes we have to suspend groups.

There is no limit to the number of social events or trips you choose to attend.

All members must provide their own materials such as craft or art tools, notebooks and pens, musical instruments and sports equipment.

## MEMBERSHIP ACCEPTANCE

All Enrolment Forms will be logged, & cheques banked, as they are received. It would assist the Committee if you could send in your form by **FRIDAY 14<sup>th</sup> JULY**.

The actual booking process will commence shortly afterwards at which time the membership of any oversubscribed groups will be resolved by a random draw of all applicants.

Towards the end of July, results will be available on the members' database reached via the website. Members who do not have access to a computer and who have supplied an S.A.E. will receive their results by post.

**Members with access to email should note that we will NOT contact you individually, so please do not send an S.A.E.**



Results will show the address of the venue, the Group Leader's name & contact details, plus dates & times of sessions.

If a group is full, you will automatically be put on a waiting list and advised if and when a vacancy arises.

If there are insufficient members wishing to attend any group then it will be cancelled and you will be advised.

We do our best to fit everyone into the group/s of their choice and to run all groups where possible, and we sincerely regret when this cannot be done.

Should you decide after all not to apply for any groups this year, but still wish to be kept informed about FU3A activities, please send us a copy of the enrolment form with your details and we will ensure that you receive Newsletters by e-mail.

## FERNDOWN U3A WEBSITE - IMPORTANT

**PLEASE READ THIS PART EVEN IF YOU DO NOT HAVE A COMPUTER**

Recently we have made further improvements to our website and online database, both of which display general information and details of the current programme.

Ferndown U3A members **MUST** log-in to the database with a personal password, to view the groups on which they are booked or for which they are waiting, as well as payments they have made. Group Leaders will also be able to view the list of members booked on their activities.

The website and database are protected by security measures put in place by U3A National Office and the data protection authorities.

All our administrative team have signed a privacy notice and we do not share any personal details with anyone else.

***ALL members are requested to notify the Membership Secretary of any changes to their name, address, telephone number or e-mail address.***

**Please note that it is not possible to enrol online.**

The great majority of our members are now on the internet and e-mail, and this is a quick and cost effective way to convey Newsletters and other information.

### HOW DO I ACCESS THE WEBSITE AND ONLINE DATABASE?

To access the website, go to:  
**<http://www.ferndownu3a.co.uk>**

On the HOME page, select the **DATABASE tab**, select the link you need. Once on the database you can view full details of all groups and current vacancies.

To view your **booking** details you will need to log-in. A password is no longer required – instead, you will need to supply some address details plus your Membership Number.

**To request further assistance, please contact the Membership Secretary: [ferndownu3a@googlemail.com](mailto:ferndownu3a@googlemail.com)**

**FERNDOWN U3A**  
**'AUTUMN & SPRING FRIDAYS' 2017-18**  
**A series of talks and presentations**  
**Fridays 10.30 – 12 noon**  
**Conference Room, Barrington Centre**

- Sept 22<sup>nd</sup>\* **'OPENING FRIDAY' TALK** *'Post-Brexit, post-Trump, post-truth - where now?'* (Douglas Lock)
- Sept 29<sup>th</sup> DISCOVERING WESSEX: Introduction (Judith Hodges)
- Oct 6<sup>th</sup>\* **'FIRST FRIDAY' TALK:** *'The Dorset police rural crime team'* (Tom Balchin)
- Oct 13<sup>th</sup> DISCOVERING WESSEX: TALK 1
- Nov 3<sup>rd</sup>\* **'FIRST FRIDAY' TALK:** *'Technology in space'* (Bill Coombes)
- Nov 10<sup>th</sup> DISCOVERING WESSEX: TALK 2
- Nov 17<sup>th</sup>\* **'IN-HOUSE FRIDAY':** *'All our yesterdays – popular music'* (Ron Ellis)
- Dec 1<sup>st</sup>\* **'FIRST FRIDAY' TALK:** *'Creating Dads' Army'* (Chris McColl)
- Dec 8<sup>th</sup> DISCOVERING WESSEX: Quiz (Judith Hodges)
- Dec 15<sup>th</sup> AGM (9.30 for 10.00, followed by a buffet brunch)**  
**At St Mary's Church Centre**

\* Teas and coffees will be available from 9.45 - 10.15 on these dates

**2018**

- Jan 5<sup>th</sup>\* **'FIRST FRIDAY' TALK:** *'The history of baking'* (Steve Oxford)
- Jan 12<sup>th</sup> DISCOVERING WESSEX: TALK 3
- Jan 19<sup>th</sup>\* **'IN-HOUSE FRIDAY':** TBA
- Feb 2<sup>nd</sup>\* **'FIRST FRIDAY' TALK:** *'A lighthearted look at Dorset'* (Rev. Stewart Timbrell)
- Feb 9<sup>th</sup> DISCOVERING WESSEX: TALK 4
- Mar 2<sup>nd</sup>\* **'FIRST FRIDAY' TALK:** *'Aspects of European Law'* (Paul Bennett)
- Mar 9<sup>th</sup> DISCOVERING WESSEX: TALK 5
- Mar 23<sup>rd</sup>\* FU3A EASTER STUDY BREAK (April 11-14): Final briefing (Bob Reeve)
- Apr 20<sup>th</sup> DISCOVERING WESSEX: TALK 6
- Apr 27<sup>th</sup> DISCOVERING WESSEX: TALK 7
- May 4<sup>th</sup>\* **'FIRST FRIDAY' TALK:** *'The Mary Rose Trust'* (Trevor Sapey)
- May 18<sup>th</sup> FU3A CREATIVE WRITERS AT THE BARRINGTON
- May 25<sup>th</sup>\* OPEN DAY**

**When choosing groups please be aware  
that some venues may be unfamiliar to you.  
For full details of all venues please turn to page 33**

## ART

**A1 ART WORKSHOP 1** (Diane Conway & Julie Frost)  
Barrington Centre, Hayes Room Mondays 9.30 - 12.30  
Come and enjoy our workshop and paint in a friendly and relaxed atmosphere.  
No tuition is given, but suggested projects and encouragement from other members  
is always available. "Our 'mission' is just to relax and enjoy our art with no stress."

**A4 ART FOR ALL** (Ruth Muspratt)  
Barrington Centre, Hayes Room Tuesdays 9.30 - 12.00  
Whether you are a complete beginner or someone who just enjoys painting as a hobby,  
you are welcome. We can either start you off with the basic knowledge of paint and  
materials, or give you the opportunity to paint freely in a friendly atmosphere where we  
all help each other.

**A5 WATERCOLOURS AND MIXED MEDIA** (Janet Price)  
Barrington Centre, Conference Room Tuesdays 9.30 - 12.30  
Bring your own materials (watercolour, oils, acrylic and pastels) and do your own thing  
in a friendly and sociable atmosphere. No tuition will be given but lots of moral support.  
Card makers also welcome.

**A6 ART HISTORY - EUROPEAN ART FROM THE RENAISSANCE** (Judith Hodges)  
West Moors Middle School Monthly Wednesdays 9.30 - 10.45  
Dates: 27<sup>th</sup> Sept, 11<sup>th</sup> Oct, 8<sup>th</sup> Nov, 13<sup>th</sup> Dec,  
10<sup>th</sup> Jan, 7<sup>th</sup> Feb, 14<sup>th</sup> Mar, 9<sup>th</sup> May  
This year we will focus each month on the work of a particular major artist.  
We will look at their life, their paintings and sculpture, their patronage and their technique.  
We will start with Leonardo da Vinci. The March meeting will focus on Gaudi and Dali to  
tie in with the Girona visit.

**A7 TEN GREAT PAINTINGS EXPLORED AND EXPLAINED** (Alastair Crompton)  
Barrington Centre, Studio Spring Wednesdays 9.30 - 10.30  
Start Date: 8<sup>th</sup> January 2018  
Ten one-hour illustrated talks, each complete in itself, interrogating some of the most  
famous, accomplished, memorable and moving paintings in Western Art. This is all-new  
content, discussing different pictures, and using new power-point slides, none of which  
have been seen in previous talks. We'll look at painters' lives and ideas, review their work  
and reflect on the best that's been written about them.

**A8 NEW ZENTANGLE AND ASSOCIATED ARTS** (Sue Moore)  
Snooker Room, FVH Autumn Fridays 9.30 - 12.30  
Artistic ability is NOT required for this group, although artists are of course welcome.  
If you can hold a pencil you can 'tangle'. Learn to create interesting, fun and alternative  
art, at your own pace, in a friendly, relaxed atmosphere. Just bring a pencil and rubber to  
the first meeting. Full instructions and/or demonstration will be given at each meeting,  
which can be adapted for use on fabric, pottery, glass and fabrics.....or just stick to  
producing framed 'masterpieces'! Stop telling yourself that you could never be an artist,  
and prove that you can become an 'alternative artist'. See you there!

**BRIDGE** Co-ordinator Jenny Bass (jimbass17@gmail.com, 01202 873228)

All bridge groups start play at 1.30. Some members may have access from  
1.15 to set up the room, but please be sensitive to other users who may be  
packing up. **Please note that no-one else is permitted to enter rooms  
before 1.15, and in the case of Heatherlands, no-one may enter the  
BUILDING before this time.**

*All members are expected to use Basic Acol / Standard English, Foundation  
Version. (Weak N.T., Weak take-outs, Stayman & Blackwood. Modern practice  
encourages Duplicate players to use Transfers & Weak twos bidding).*

*Some Bridge groups have a requirement that you attend with a partner.  
For these groups it is essential that both members submit their Enrolment Forms  
and cheques together in the SAME envelope. If you do not do this no guarantee  
can be given that both members will be included in the same group if it is  
oversubscribed.*

**BA1 BEGINNERS BRIDGE** (Brian Williams)  
West Moors Middle School Wednesdays 1.30 - 4.30  
This group is for those who know nothing about Bridge and also for those who know how  
the game is played but who wish to improve their game. The group is not for the expert  
and will not make you an expert Bridge player. It does not cover expert bidding, play or  
defence, but it does cover the ordinary, standard situations, the basics of the Acol system,  
that make up 95% of the game and in which many novice players go wrong.

**BA2 IMPROVERS BRIDGE** (Tim Lines)  
Barrington Centre, Studio Wednesdays 1.30 - 4.30  
We play friendly Rubber Bridge with the emphasis on enjoyment. Minimal tuition is given  
but advice is offered when requested. To join this group you should be able to open,  
respond and re-bid correctly in most circumstances.  
"Not played for a bit? Perfect! Come and join us."

**THE FOLLOWING BRIDGE GROUPS WILL RUN FOR 50 WEEKS PER YEAR  
AND ATTRACT A SUPPLEMENT OF £20 PER MEMBER, PER GROUP,  
WHICH SHOULD BE ADDED TO THE ENROLMENT FEE.**

**B1 CHICAGO BRIDGE** (Greg and Tiggy Ansell)  
Heatherlands Mondays 1.30 - 4.30  
Start Date: 4<sup>th</sup> Sept  
We will adopt the Chicago method of changing tables and scoring. This allows varying  
numbers to be accommodated. You do not need to come with a partner. The aim is  
to have an enjoyable social afternoon. To join this group you should be able to open,  
respond and re-bid correctly in the majority of circumstances. No instruction or  
guidance is to be expected in this group, unless requested. A relaxed Chicago Bridge  
session.

**B2 DUPLICATE BRIDGE – selected standard** (Brian Williams)  
Heatherlands Tuesdays 1.30 - 4.30  
Start Date: 5<sup>th</sup> Sept  
We will play Duplicate Bridge all year. You will need a partner and it is preferable to  
arrange this in advance, but if you are unable to do so there is often a spare player  
available. To join this group you should be able to open, respond and re-bid correctly in  
most circumstances.

### **B3 DUPLICATE BRIDGE**

Heatherlands

Start Date: 6<sup>th</sup> Sept

We will play Duplicate Bridge all year. To join this group you need:

- 1) A regular partner, but there are often temporary partners available when yours is away.
- 2) To be able to open, respond and re-bid correctly in the majority of circumstances.
- 3) One member of the partnership who is able and willing to score.

(Richard Buxton)  
Wednesdays 1.30 - 4.30

### **B4 CHICAGO BRIDGE**

Barrington Centre, Hayes Room

Start Date: 7<sup>th</sup> Sept

We will adopt the Chicago method of changing tables and scoring. This allows varying numbers to be accommodated. You do not need to come with a partner. The aim is to have an enjoyable social afternoon. To join this group you should be able to open, respond and re-bid correctly in the majority of circumstances.

No instruction or guidance is to be expected in this group, unless requested.

(Yvonne Warner & Kevin Steele)  
Thursdays 1.30 - 4.30

### **B6 CHICAGO BRIDGE**

Heatherlands

Start Date: 8<sup>th</sup> Sept

Just basic Bridge in a friendly and relaxed environment. This group is designed for those moving on from the Improvers' course but can accommodate and would welcome players with more experience to leaven the mixture. It is expected that members will be able to open, respond and re-bid correctly in most circumstances.

(Jenny Bass)  
Fridays 1.30 - 4.30

## **CRAFTS**

### **C1 CHAIR CANING**

At home in Ferndown

If you have a cane-seated chair that is in need of repair this course is ideal for you.

Alternatively if you would just like to learn the craft but have no chair, fear not, I have several you can practise on and even purchase afterwards.

I will show you the six-step pattern common to most chairs, and at the first group meeting will let you know what tools are needed and the type of cane you will need.

(Mike Power)  
Tuesdays 2.00 - 4.00

### **C3 BEADWORK**

Barrington Centre, Hayes Room

Learn to make beautiful things with beads. Advice and help will be given at the first meeting on what materials to use.

(Barbara Wescott)  
Wednesdays 1.30 - 3.15

### **C6 NEW HINTS AND TIPS FOR HOME MAINTENANCE**

Barrington Centre, Studio

Discover the secrets of Plumbing (taps, washers, ball valves etc.), Electrics (plugs, sockets, fuses and connectors, lighting), Walls (where to drill and where not to! which drill, choice of plugs, screws and brackets), Flat Pack Assembly, and which Tools (hand or power, and the limitations of each), you need for each job. Members are encouraged to bring along items they would like explained.

(John Drew)  
Spring Thursdays 11.15 - 12.30

### **C7 NEW CRAFTS**

Barrington Centre, Studio

This is general craft group. We will include card-making as well as crafts suggested by members. Members are encouraged to bring their own materials, however some may be purchased at meetings. Feel free to bring along your own craft project and join this friendly group where new members will be warmly welcomed.

(Jan Gransden)  
Tuesdays 11.00 - 12.30

## **DISCUSSION GROUPS**

### **D3 GREEN FINGERS**

At various homes

Dates: 20<sup>th</sup> Sept at Barbara's home (address to be supplied).

Then 18<sup>th</sup> Oct, 15<sup>th</sup> Nov, 17<sup>th</sup> Jan, 21<sup>st</sup> Feb, 21<sup>st</sup> Mar, 18<sup>th</sup> Apr, 16<sup>th</sup> May

Gardening for beginners and experienced alike. Come along and share ideas and knowledge with like-minded 'green fingers'. Please dress suitably for the weather.

(Jane Norris & Barbara Gooch)  
Monthly 3<sup>rd</sup> Wednesday 2.00 - 4.00ish

### **D5 CURRENT AFFAIRS 1**

Barrington Centre, Studio

Members enjoy a full and free discussion of important topics chosen by the group.

(Brian Williams)  
Thursdays 9.30 - 10.45

### **D5A CURRENT AFFAIRS 2**

West Moors Middle School

Let's meet up to discuss the current affairs of the week. The ups, the downs, the truth, the fiction, the rational and the outrageous and the "post truth", whatever that may mean. Vent your views, share your passion and have your say.

Do join me and friends for the highlight of the U3A week!

(Carol Holmes)  
Wednesdays 11.00 - 12.15

### **D7 A BROAD LOOK AT THE LAW**

Barrington Centre, Studio

Autumn Fortnightly

Dates: 21<sup>st</sup> Sept, 5<sup>th</sup> & 19<sup>th</sup> Oct, 2<sup>nd</sup>, 16<sup>th</sup> & 30<sup>th</sup> Nov

This group runs on a two year cycle. 2017 will therefore be a repeat of the first year group in 2015. Topics covered will include aspects of Constitutional law, Criminal law and one further topic.

(Clare Clayton)  
Thursdays 11.00 - 12.30

### **D10 PSYCHOLOGY**

Upstairs Area, FBL

Dates: 19<sup>th</sup> Sept, 3<sup>rd</sup> & 17<sup>th</sup> Oct, 7<sup>th</sup> & 21<sup>st</sup> Nov, 5<sup>th</sup> Dec, 9<sup>th</sup> & 23<sup>rd</sup> Jan, 6<sup>th</sup> & 20<sup>th</sup> Feb, 6<sup>th</sup> & 20<sup>th</sup> Mar, 17<sup>th</sup> Apr, 1<sup>st</sup> & 15<sup>th</sup> May

What do we know about the human brain? What are the limits of our knowledge?

Cognitive Development - how our brain makes us who we are. Why are we all so different?

Nature versus nurture. Social and Occupational psychology.

No previous knowledge required.

(Judith Hodges)  
Tuesdays 9.30 - 10.45

### **D11 WORLD RELIGIONS**

At home in Ferndown

This group will look at the historical background and key beliefs of the major World religions, as well as what we can know of the ancient origins of religious belief.

(Sue Gomm)  
Autumn & Spring Mondays 2.00 - 3.30

**D12 PHILOSOPHY FOR BEGINNERS** (Carol Holmes)  
*Upstairs Area, FBL Spring Tuesdays 1.30 - 3.00*  
 At its heart Philosophy is about thinking; about why things are the way they are, how we should live, how can we be certain of what we know and what meaning, if any, there is to our existence. Do you love thinking about truth, knowledge and wisdom? Almost everybody indulges in philosophy informally when we spend time wondering about the same questions addressed by the great philosophers, such as right and wrong, truth and lying, moral obligations and free will. There are no right answers. The reflective journey through a range of philosophical ideas is worthwhile as it shows how they have shaped the way we think, from Plato's cave to medical ethics and genocide.

**D14 NEW SOCIOLOGY - "THAT WAS THE WEEK THAT WAS"** (Lynda Claridge)  
*Upstairs Area, FBL Autumn & Spring Thursdays 1.30 - 2.45*  
*Fortnightly*  
 Dates: 28<sup>th</sup> Sept, 12<sup>th</sup> Oct, 9<sup>th</sup> & 23<sup>rd</sup> Nov, 7<sup>th</sup> Dec, 18<sup>th</sup> Jan, 1<sup>st</sup> & 22<sup>nd</sup> Feb, 8<sup>th</sup> & 22<sup>nd</sup> Mar  
 Newspapers and periodicals of the past 60 years will be the basis of discussion of how or if attitudes and reactions to news events change. Group members may bring along publications they wish to share. Sociological concepts will be introduced but no previous knowledge of sociology is required.

**D15 NEW GLOBAL CHALLENGES** (Douglas Lock)  
*Barrington Centre, Studio Autumn Tuesdays 9.30 - 10.45*  
*Start: 27<sup>th</sup> Sept*  
 This geopolitical group will examine a series of global challenges which threaten our pursuit of health, wealth and happiness. Issues such as conflicts arising from demographic change, religion, nationalism, political ideologies, technology, terrorism, inequality, economic relationships, environmental change and power bloc disputes will be at the heart of the group. Method: Following an introduction there will be opportunities for a wider discussion and exchange of views. Reading references will be available for those who wish to take the matter further.

**D16 NEW RANDOM THOUGHTS** (Jan Walker)  
*Upstairs Area, FBL Autumn Wednesdays 2.00 - 3.30*  
*Fortnightly*  
 Dates: 20<sup>th</sup> Sept, 4<sup>th</sup> & 18<sup>th</sup> Oct, 8<sup>th</sup> & 22<sup>nd</sup> Nov, 6<sup>th</sup> Dec  
 A lighthearted discussion group or excuse for a meeting of ideas where topics are chosen by the group. The selected subject is discussed from whatever perspective each member wishes to put forward.

## HISTORY

**H2 THE MAKING OF THE ENGLISH PEOPLE** (Jim Barber)  
*Mick Arnold/Noisy Room FVH Spring Tuesdays 11.15 - 12.45*  
 From their beginning to the present day, a visual, uncomplicated, and thought-provoking look at the events that have shaped the English people. You will be helped on a journey through some of the major events and people that still affect the English values and views of today.

**H3 THE BLUE LAMP - Part 3** (Rodger Pettengell)  
*St Mary's Church, Venue 1 Autumn Wednesdays 9.30 - 10.45*  
*Start Date: 20<sup>th</sup> Sept for 11 weeks*  
 There is no need for members to have attended Part 1 or Part 2, to enjoy Part 3. From the viewpoint of the senior investigating officer we will study, in depth, the Cromwell Street Murders - the killing by Fred and Rose West, of young women in Gloucester during the latter decades of the twentieth century.

**H5 FAMILY HISTORY — THE BASICS** (Brian Bevis)  
*Mick Arnold/Noisy Room FVH Autumn Thursdays 9.30 - 10.45*  
 Curious about who contributed to your DNA? Put off by the media image of: 'you need us', which websites, books, etc generate, and paying their costs? Maybe it's the idea that it is very difficult that puts you off. No doubt: 'it's easy when you know how', and gaining experience takes time. Yet you could use my years of experience of developing successful, tried and tested methods, as a short cut to your success. It's not difficult, or expensive; in fact it's as easy as ABC. This introductory course explains what not to do, to be successful, and that can take you to the advanced course. Any questions? E-mail me at [brian.bevis@sky.com](mailto:brian.bevis@sky.com). P.S. If you have done the course before and could do with a refresher, with some new methods/ideas, then sign up.

**H6 FAMILY HISTORY — FURTHER BACK** (Brian Bevis)  
*Mick Arnold/Noisy Room FVH Spring Thursdays 9.30 - 10.45*  
 If you have completed the H5 group, then you can step back further in time with this second 10 - week session. Pre -1837 requires different procedures and plans for identifying and learning about your ancestors. Family history is now stretching past the written word of 1068, opening other possible channels of learning. This is an opportunity to know those, who for the past 12 generations, have contributed to your DNA.

**H8 TEN GREAT ACHIEVEMENTS OF WESTERN MAN** (Alastair Crompton)  
*Barrington Centre, Studio Autumn Wednesdays 9.30 - 10.30*  
*Start Date: 20<sup>th</sup> September for 10 weeks*  
 Ten one-hour illustrated talks, each complete in itself, looking at the lives and achievements of extraordinary men and women. We start with the 950 pioneers who walked across USA. Then study civil engineers, inventors, doctors, innovators, a Royal Navy Admiral (not Nelson), a spiritual adventurer, and a 20th century theologian and martyr.

Last year this group was curtailed, and only the first five talks given. If you were affected, and would like to hear the other five, please come to the group from 1<sup>st</sup> November. For a detailed programme please email [gandacrompton@gmail.com](mailto:gandacrompton@gmail.com).

**H12 NEW THE EUROPEAN DICTATORSHIPS IN THE TWENTIETH CENTURY** (Tom McConnell)  
*Barrington Centre, Studio Wednesdays 11.15 - 12.30*  
 This group will focus mainly on Nazi Germany, Fascist Italy, The U.S.S.R., and the Spanish Civil War.

## JOURNEYS OF DISCOVERY

### J1 DISCOVERING WESSEX

(Judith Hodges)

Barrington Centre, Conference Normally 2nd Friday monthly 10.30 - 12.00  
and 4th Friday monthly 10.30 onwards for field visit.

Dates: 29th Sep, 13th Oct, 10th Nov, 8th Dec,  
12th Jan, 9th Feb, 9th Mar, 20th & 27th April, for the talks.

Dates of visits will be confirmed at each talk.

This year we are extending our range to include Wiltshire, Hampshire and Somerset. We will have a talk each month about a new place, and 2 weeks later those who wish to can make a visit there. Just come along with an idea of somewhere you are passionate about and we can look forward to another successful year.

### J3 NEW GIRONA - AN HISTORICAL TRAVELOGUE

(Bob Reeve)

Barrington Centre, Hayes Monday 1.30 - 2.45

Dates: 19th & 26th February, 5th, 12th & 19th March

The city of Girona has been besieged 25 times, and captured on seven occasions. The Romans were there: and until 1492 - when the Moors were finally expelled from Spain - it was one of the most important Jewish centres in Europe.

This group will look at the history and culture of the Catalan tradition, as well as the artistic flair of Antoni Gaudi and Salvador Dali. It will be of interest to those joining the April 2018 FU3A trip to Girona and its environs, but membership of this group is not restricted - all are welcome to explore this remarkable city.

## KEEPING FIT AND HEALTHY

### K1 BADMINTON 1

(Keith Verrion)

Ferndown Village Hall

Tuesdays 1.00 - 2.30

A friendly, enthusiastic & mixed ability group. We welcome players of all standards but some experience is necessary. If you played in the past, you probably still can!

Numbers are strictly limited to ensure that participants have plenty of exercise.

No need to bring a partner.

### K2 KEEP FIT & HEALTHY BADMINTON

(Pat O'Riordan)

Ferndown Village Hall

Tuesdays 2.30 - 4.30

As K1.

### K3 LINE DANCING

(Jean Horsey)

Ferndown Youth Centre

Tuesdays 1.30 - 2.30

Beginners leading to improvement! Come along and have some fun - no partners needed. Could new members please mark on the enrolment form whether they are beginners or improvers.

### K4 TABLE TENNIS - IMPROVERS

(Ruth Muspratt)

United Church, Ferndown

Mondays 1.30 - 3.00

The group has a great time with much laughter and fun, but also improved play.

*Fancy a few days in the Spanish sunshine.....?  
then sign up for the Ferndown U3A Study Visit to Girona  
in April 2018*

**Just complete the form overleaf**



**Detach this page along with your Enrolment Form**



*The story of Girona is one of the most fascinating to be found anywhere in Spain. The city has been besieged 25 times, and captured on seven occasions. The Romans were there; and until the Moors were finally banished from Spain in 1492 it was one of the most important Jewish centres in Europe.*

*We are arranging a Study Visit there, with the provisional dates  
**11th - 14th April 2018***

*The cost - including an Early Bird discount - will be between £299-£315 depending on the number who apply. The single room supplement is £28 pppn.*

***The package includes:***

- ***direct flights between Bournemouth and Girona (carry-on luggage)***
- ***coach transfers***
- ***three nights ensuite bed & breakfast accommodation in a location near the historic centre***
- ***a 3-course group meal on the first night***

*Once we know the number taking part we will arrange optional visits to the historic sites in the city and the surrounding area. You may want to join the day-trip to Barcelona which is only 80 minutes away.*

*This Study Visit builds on the success of the FU3A April 2017 visit to the Normandy D-Day beaches, the Bayeux Tapestry and the region's abbeys. Thirty-eight people took part, with the trip attracting members from other U3As. We envisage that the visit to Girona will prove just as popular.*

*The Early Bird application for **Friday 14th July** secures flights and accommodation at special rates. It may be possible to secure places after that date, but they will almost certainly cost more. So - book early if you want to get the best deal!*

*To book places on this Study Visit, complete the form opposite and return it in the same envelope as your Enrolment Form for 2017-18, together with a **separate** cheque for £90pp made payable to 'Ferndown U3A Social Account'.*

*If you detach this form plus the one for the Girona visit, you can read the course details sequentially*

**ENROLMENT FORM**

The Enrolment Form is overleaf.

There is an extra copy on the website should you require it.

**Important Notes About the Enrolment Process**

Before you start to complete your form, please read the Notes on page 20 about enrolling, how to pay the Enrolment Fee, and Gift Aid.

You may choose up to 8 groups in total. You will be allocated your first four choices (or put on the waiting list) before we consider your remaining choices.

As this could result in longer waiting lists, we will impose the rules for non-attendance more strictly. If you fail to attend three consecutive sessions without notifying the Group Leader beforehand, you may be removed from the group and the place reallocated.

**To be included in the main round of allocations, your enrolment form needs to arrive by FRIDAY JULY 14<sup>th</sup> at the latest.**

**All applications will be considered together shortly after this date, irrespective of when they are posted.**

**You will be able to find out at the end of July the groups on which you have been successfully registered.**

**We are sorry it is not possible to apply by e-mail.**

**It is important that we receive as many applications as possible by this cut-off date, to reduce the risk that a group has to be withdrawn because of lack of support.**

**For applications received after the cut-off date, any remaining places will be allocated on a first-come, first-served basis.**

## ENROLMENT FORM 2017/18

SURNAME ..... FIRST NAME ..... TITLE .....

ADDRESS .....

TEL NO. .... POSTCODE .....

E-MAIL ADDRESS ..... MEMBERSHIP NUMBER .....

<b>Code</b>	<b>Subject</b>	<b>Day</b>

I am a UK tax payer and wish to gift aid my donation (Charity number: 1073206) and any donations I make in the future, or have made over the past 4 years, to Ferndown U3A. Please sign below, **even if you have done so in previous years.**

Please sign: ..... Date: .....

I enclose a cheque for £.....

**NOTES: If you have email access you MUST access your results via the website database. We will NOT advise members individually. We will only notify your results by post if you DO NOT have an e-mail address registered with us. In this case please enclose a S.A.E.**

If you have any accessibility issues, please tick the box.

*Any photographs taken during activities may be used in U3A publicity material. It is your responsibility to exclude yourself from any photographs, if you do not wish to be included in this way.*

### Existing Members - One-off fees reduction (not applicable to new members)

If you were a member during 2016 - 2017, you are entitled to claim  
£10 off your 2017 - 2018 fees.

To obtain your discount, send the enrolment form with a cheque for £37,  
(plus Bridge supplement where required).

New members, send the enrolment form with a cheque for £47,  
(plus Bridge supplement where required).

**Post to: Membership Secretary, Ferndown U3A, 21 Braeside Road, West Moors BH22 0JS**

Website: [www.ferndownu3a.co.uk](http://www.ferndownu3a.co.uk)

## HOW TO ENROL

1. Complete the enrolment form. *It is not possible to enrol on-line.*
2. If you have an email address, please print it clearly on your enrolment form, even if you have given it to us previously.
3. SIGN the GIFT AID DECLARATION if you are a tax payer.

### Notes on Gift Aid

It will help Ferndown U3A to keep fees down if you are able to sign the Gift Aid declaration.

We can claim 25p from HMRC for every £1 you pay. Last year this totalled almost £5100.

Without it, more than £8pp would have to be added to the enrolment fee.

If you pay income tax please sign the declaration - the more members who do so, the more we all benefit.

4. Work out your personal enrolment fee.

The annual fee for new members, or those returning after a break, remains at £47.

For those who were members in 2016/2017, the fee - for this year only - is £37.

Those attending bridge groups which run for 50 weeks of the year should add an accommodation supplement of £20 per member, per group.

5. Enclose a cheque payable to: *Ferndown and District U3A.*
6. Only enclose a stamped, self addressed envelope, if you DO NOT have access to the internet.
7. Post to: *Ferndown U3A, c/o 21 Braeside Road, West Moors BH22 0JS*  
Please make sure you include the post code.



## Ferndown University of the 3<sup>rd</sup> Age

STUDY VISIT TO GIRONA : 11-14 APRIL 2018

### BOOKING FORM

Name:

Address:

Home phone:

Mobile:

E-mail:

\* Please reserve ..... places in an ensuite twin/double room at a cost of £299-£315 per person

\* Please reserve ..... places in an ensuite single room at a cost of £383-£399 per person

I enclose a cheque for £ ..... (£90 per person) as a deposit, made payable to 'Ferndown U3A Social Account'. This sum is non-refundable should you subsequently withdraw for any reason. However, in the unlikely event of the trip not taking place, the deposit will be refunded in full.

I understand that I will be informed by October 2017 about the final amount payable per person, and agree to pay the balance due by **Friday November 10th 2017.**

Signed:

Date:

***Please return this form in the same envelope as your Enrolment Form for 2017-18, together with a separate cheque for £90pp made payable to 'Ferndown U3A Social Account'***

*If you've signed up for Group J3  
 'Girona: An Historical Travelogue',  
 why not visit the real thing as well.....?*

**Just complete the form overleaf**



**Detach this page along with your Enrolment Form**

**K5 TABLE TENNIS - EXPERIENCED**

*United Church, Ferndown*

Experienced players only.

*(Bob Whittall)*  
 Mondays 3.00 - 4.30

**K6 KEEP FIT**

*United Church, Ferndown*

This exercise group is aimed at improving health, fitness and quality of life with a varied programme of evidence-based exercises which are known to be safe and effective to improve mobility, stamina, muscle and bone strength, flexibility, balance and heart health. The programme will be varied and fun. It will be tailored to meet all levels of fitness and health. No one will feel left out. There will be a fee payable at the start of each term equivalent to £2.00 per session.

*(Kath Hollingworth)*  
 Wednesdays 1.30 - 3.00

**K8 ENGLISH FOLK DANCING**

*Ferndown British Legion*

Many are unaware of the long and continuing tradition of English country dancing which has involved and delighted people for centuries. In this group we explore dances from 1650 - 1950. Come and discover this very sociable scene and keep this tradition alive and flourishing.

*(Margaret Thomas and Diane Conway)*  
 Thursdays 11.00 - 12.30

**K9 TABLE TENNIS - EXPERIENCED 1**

*St Anthony's Church Hall, West Moors*

Experienced players only.

*During Lent meetings will be held on Tuesdays.*

*(Margaret Hart)*  
 Fridays 9.30 - 11.00

**K10 TABLE TENNIS - EXPERIENCED 2**

*St Anthony's Church Hall, West Moors*

This group is mainly for experienced players.

*During Lent meetings will be held on Tuesdays.*

*(Bob Whittall)*  
 Fridays 11.00 - 12.30

**K11 ENGLISH COUNTRY DANCING WORKSHOP**

*Ferndown Village Hall*

In this group we look closely at a small number of more demanding dances, with special attention to style and movement. Members should be familiar with the basic figures of English Country Dancing.

*(Margaret Thomas)*  
 Tuesdays 4.30 - 6.00

**K13 BALLROOM / LATIN DANCING**

*Ferndown British Legion, Hall*

Improvers - not suitable for absolute beginners. Partners not absolutely necessary.

*(Jean Kitz and Brian Morgan)*  
 Wednesdays 9.30 - 11.00

**LANGUAGES**

**L5 SPANISH**

*At Tim Lines's home in Ferndown*

The Spanish group will continue to run during the coming year. It is not a group for absolute beginners but rather suits those with a little knowledge of Spanish who would like to learn more or retain what they do know.

*(Tim Lines)*  
 Wednesdays 10.45 - 12.15

**L6 PARLONS FRANCAIS - YEAR FIVE** (Marion Lock)  
*At home in West Parley* Thursdays 9.30 - 10.45  
 Do you visit France regularly? Do you have a second home there? Do you have an interest in French language and culture? If your answer to any of these questions is "Oui" come and join our lively group. Continuing our progress with the help of *Facon de Parler* (Edition 5) we shall be exploring a wider range of situations where we can use the language we are learning, and be able to explain what we've done in the past, and what we're going to do in the future. "Au prochain trimestre!" (See you next term!)

**L9 GERMAN LANGUAGE - YEAR FOUR** (Anne Rio)  
*Barrington Centre, Hayes* Wednesdays 9.30 - 10.45  
 This is a continuation of the group started in 2014. Although it is a grammar-based group the emphasis is on conversation. The book we are using is *Living German* (7<sup>th</sup> Edition).

**L11 GERMAN - YEAR TWO** (Jean Kitz)  
*At home in Ferndown* Thursdays 9.30 - 10.45  
*Starts: 12<sup>th</sup> October*  
 We are a small, friendly group. Please join us if you know a little German.

## MUSIC

**M1 ENJOYING MUSIC** (Rachel Lewington)  
*Mick Arnold/Noisy Room FVH* Mondays 2.15 - 3.45  
 We will study a wide variety of classical music using the very best recordings and scores where appropriate. We shall also place the music in context linking it to the life and times of the composer and to the history and art of the period.

**M3 ENJOY SINGING** (David Oddy)  
*United Reformed Church Hall, Longham* Thursdays 2.00 - 3.15  
 This group is for men and women who want to enjoy singing. We will tackle a variety of popular and light classical songs, including songs from well-known musicals. Some experience could be useful but is not essential.

**M4 MUSIC APPRECIATION** (Jo Brearley)  
*St Mary's Church, Beacon Room* Fortnightly Thursdays 2.00 - 4.00  
*Dates: 21<sup>st</sup> Sept, 5<sup>th</sup> & 19<sup>th</sup> Oct, 2<sup>nd</sup>, 16<sup>th</sup> & 20<sup>th</sup> Nov, 11<sup>th</sup> & 25<sup>th</sup> Jan, 8<sup>th</sup> Feb, 1<sup>st</sup> & 15<sup>th</sup> Mar, 19<sup>th</sup> Apr, 3<sup>rd</sup> & 17<sup>th</sup> May*  
 Come and enjoy listening to and learning about different composers, different styles of music and where the music 'sat' in the context of culture and society. The music will be chosen from a wide variety of composers from around the world.

**M5 OPERA** (John Gooch)  
*At home in Colehill* Monthly 4<sup>th</sup> Friday 1.30 - 4.00 (or later)  
*Start date 22<sup>nd</sup> Sept, 20<sup>th</sup> Oct, 24<sup>th</sup> Nov, 26<sup>th</sup> Jan, 23<sup>rd</sup> Feb, 23<sup>rd</sup> Mar, 27<sup>th</sup> Apr, 25<sup>th</sup> May*  
 Life, love, sex and death! Viewing and discussing operas, all with English sub-titles. Interval with refreshments.

**M6 ANYTHING BUT OPERA** (Martin Tuck)  
*At home in Parley* Autumn & Spring Fortnightly Fridays 2.00 - 4.00  
*Dates: 29<sup>th</sup> Sept, 13<sup>th</sup> Oct, 3<sup>rd</sup> & 17<sup>th</sup> Nov, 1<sup>st</sup> Dec 19<sup>th</sup> Jan, 2<sup>nd</sup> Feb, 2<sup>nd</sup> & 16<sup>th</sup> Mar, 20<sup>th</sup> Apr, 4<sup>th</sup> & 18<sup>th</sup> May*  
 Operetta, musical comedy, Hollywood musicals etc. Complete work at each session.

**M9 NEW THE REALLY AWFUL SINGING GROUP** (Judith Hodges)  
*At home in Northbourne.* Autumn Initially Monthly 3<sup>rd</sup> Tuesday 2.00 - 3.15  
*Dates: 19<sup>th</sup> Sept, 17<sup>th</sup> Oct, 21<sup>st</sup> Nov*  
 Do your family hate it when you sing? Can you only let rip when alone in the car or the bath? Come and join other unappreciated folk and sing along to Abba, Les Mis, Grease, Queen etc. etc. Only qualification is a terrible singing voice!! Tuneful singers should not apply.

**M10 NEW UKULELE GROUP** (Robert Gomm)  
*At home in Ferndown* Wednesdays 2.00 - 3.30  
 Have fun playing the ukulele. Complete beginners welcome (lessons will be given), as well as accomplished players (including guitarists). The aim is to create a group of singing ukulele players with a view to performing.....let's see what happens! If you have not got a ukulele, advice will be given and loans may also be a possibility.

## NATURE

**N1 NATURE WALKS** (Clare Clayton & John Mullett)  
*Saturdays monthly - weather permitting*  
*Dates: 7<sup>th</sup> October, 4<sup>th</sup> November, 2<sup>nd</sup> December* Spring dates TBA in January 2018  
 The walks will last approximately 2 hours covering around 3 miles over gentle terrain, and trying to avoid steep hills and stiles where possible. It is a chance to get some fresh air and enjoy the wildlife.

**N2 NATUREWATCH** (John Mullett)  
*St Mary's Church Centre, Lounge* Autumn & Spring Fortnightly Tuesdays 10.30 - 11.45  
*Dates: 19<sup>th</sup> Sept, 3<sup>rd</sup> & 17<sup>th</sup> & 31<sup>st</sup> Oct, 14<sup>th</sup> & 28<sup>th</sup> Nov, 12<sup>th</sup> Dec, 16<sup>th</sup> & 30<sup>th</sup> Jan, 27<sup>th</sup> Feb, 13<sup>th</sup> Mar*

A picture presentation and description of the wildlife around us.

A comprehensive look at the animals, birds, trees, flowers etc.....to be found in the British Isles.



## TECHNICAL AND SCIENTIFIC TOPICS

### T1 ASTRONOMY

(Graeme Nash)

St Mary's Church, Beacon Room

Mondays 2.00 - 4.00

This one-year group deals with all aspects of astronomy. Topics considered include some basics of the Earth's place in the universe, the history of astronomy to 1900, instruments and observing techniques, the solar system, the Sun, the stars, galaxies and cosmology, including the origin of the universe. Weather permitting, observations of the Sun (using safe filters) and Venus are made. The presentation is informal with use made of view graphs, slides, models and astronomical equipment. No previous knowledge of astronomy is assumed. Active participation by group members is encouraged and extra topics suggested by them are warmly welcomed..

### T10 COMPUTER ASSISTANCE

(Jim Cooke)

One-to-one sessions of approximately 90 minutes to cover general basic operation or look at specific projects or problems with your computer or laptop - no iPads or Tablets please! Why not learn more about using WORD, Spreadsheets or working with photographs? Sessions would be held on a mutually agreed day/time, ideally at your own home or, if you prefer, at Jim's house in Ensbury Park.

### T12 NEW SPREADSHEETS FOR BEGINNERS

(Richard Tucker)

Mick Arnold/Noisy Room

Tuesdays 9.30 - 10.45

Dates: February 6<sup>th</sup> and 20<sup>th</sup>

This group held over two sessions is for members with little or no experience in the use of Excel spreadsheets.

## WORDS - WRITTEN, SPOKEN AND VISUAL

### W1 SHAKESPEARE

(Ian Burr)

At home in Ferndown

Autumn & Spring

Thursdays 9.30 - 10.45

A participatory Group. Part play-reading and part discussion.

### W2 DRAMA WORKSHOP

(Rita Burke)

Ferndown British Legion, Hall

Tuesdays 2.00 - 4.00



I am a retired drama teacher who has produced and directed many school productions from panto to Shakespeare. Come along and forget yourself, experience improvisations of character, situations tragic or comic based on real or imaginary lives. Do something you have always dreamed about and help create a piece of theatre. Men most welcome!

### W3 READERS' CIRCLE

(Clive Hood)

Upstairs Area, FBL

Monthly

3rd Wednesday 11.00 -12.15

Dates: 20<sup>th</sup> Sept, 18<sup>th</sup> Oct, 15<sup>th</sup> Nov, 20<sup>th</sup> Dec,

17<sup>th</sup> Jan, 21<sup>st</sup> Feb, 21<sup>st</sup> Mar, 18<sup>th</sup> Apr, 16<sup>th</sup> May, 20<sup>th</sup> Jun

We read mostly contemporary fiction plus the occasional biography.

At our first meeting on 20<sup>th</sup> September we'll be discussing *Northern Lights* by Phillip Pullman.

On 18<sup>th</sup> October we'll be discussing *The Luminaries* by Eleanor Catton. As this is a very long book, please try to make inroads into it during the long Summer break.

If you have any queries please call Clive on 01425 476540.

### W4 CREATIVE WRITING

(Peter Hunt)

Barrington Centre, Hayes Room

Thursdays 9.30 - 11.00

This group works as a self-directed workshop, with members taking it in turn to lead the group. It is for people who like to express their feelings through prose or poetry, or who wish to try their hand at creating characters, situations or stories. Members give each other lots of encouragement and help. Writing is for our own pleasure and beginners are most welcome.

### W5 PLAY READING

(Jan Gransden and Ann Williams)

At home in Ferndown

Thursdays 2.00 - 4.00

We read a range of plays, old and new, and meet a range of playwrights.

The group is not involved in performance so you can relax. Where else could you be a stropky teenager, a clever detective, a young lover, or a wicked villain for the afternoon? Just bring your voice!

### W6 FILM STUDIES

(Alastair Crompton)

Barrington Centre, Hayes Room

Autumn & Spring

Fortnightly

Fridays 2.00 - 4.30

2017 showings on 22<sup>nd</sup> Sept, 6<sup>th</sup> & 20<sup>th</sup> Oct, 3<sup>rd</sup> & 17<sup>th</sup> Nov, 1<sup>st</sup> Dec

2018 showings on 12<sup>th</sup> & 26<sup>th</sup> Jan, 9<sup>th</sup> & 23<sup>rd</sup> Feb, 9<sup>th</sup> & 23<sup>rd</sup> Mar

Previous members of the Film Club are keen to continue showing musicals. This policy is not set in stone, but while demand persists we will stay with it. So come and watch the most popular movies in the canon, until further notice. First film: *Moulin Rouge!* by Baz Luhrmann. Future titles to be chosen by members.

After we've watched each film we will discuss it and give it our star rating. All opinions are welcome and respected.

### W10 CRIME AND THRILLER BOOK GROUP

(Jenny Boyce)

Barrington Centre, Hayes Room

Autumn & Spring

Monthly

Mondays 3.00 - 4.30

Dates: 2<sup>nd</sup> Oct, 6<sup>th</sup> Nov, 4<sup>th</sup> Dec, 8<sup>th</sup> Jan, 5<sup>th</sup> Feb, 5<sup>th</sup> Mar

If you enjoy reading thrillers and mystery books, come and join us. The Group chooses a book to read each month, which we then discuss. Summer Reading for first meeting at the beginning of term is *Post mortem* by Patricia Cornwall & *The various haunts of men* by Susan Hill.

**W11 NEW WITH GREAT PLEASURE** (Ian Burr)  
At home in Ferndown Autumn & Spring  
Monthly Thursdays 2.00 - 3.15

Dates: 21<sup>st</sup> Sept, 19<sup>th</sup> Oct, 16<sup>th</sup> Nov,  
19<sup>th</sup> Jan, 16<sup>th</sup> Mar, 20<sup>th</sup> Apr, 18<sup>th</sup> May

Members will present, on successive months, their own choice of prose and poetry, sharing readings with others in the group.

**W12 NEW THE 3 'R's** (Helen Tremain)  
St Mary's Church Centre, Venue 1 Tuesdays 2.00 - 3.15

The skills of Reading, Writing and Reckoning have developed over thousands of years. They have enabled us to record and reflect upon the story of our civilisation itself, and we shall consider the place of their contribution to our history.

**W13 NEW A TALE OF THREE CITIES - THREE IN ONE** (Helen Tremain)  
St Mary's Church Centre, Venue 1 Wednesdays 1.45 - 3.00

Over thousands of years the cities of Byzantium, Constantinople and Istanbul have stood at the crossroads of routes leading from East to West, and North to South. The three cities have established themselves as imperial, spiritual, cultural and political centres, products of historical reality and the imagination.

## YOUR LIFE

**Y5 COOKING WITH FRIENDS** (mostly men) (Judith Hodges)  
At home in Northbourne Monthly Monday 9.30 - 12.30  
Start Date: 18<sup>th</sup> Sept, 16<sup>th</sup> Oct, 20<sup>th</sup> Nov,  
22<sup>nd</sup> Jan, 19<sup>th</sup> Mar, 16<sup>th</sup> Apr, 21<sup>st</sup> May

**Y5A COOKING WITH FRIENDS** (mostly ladies) (Judith Hodges)  
At home in Northbourne Monthly Monday 9.30 - 12.30  
Start Date: 2<sup>nd</sup> Oct, 6<sup>th</sup> Nov, 4<sup>th</sup> Dec,  
5<sup>th</sup> Feb, 5<sup>th</sup> Mar, 23<sup>rd</sup> Apr, 7<sup>th</sup> May

Relaxed, hands-on, cookery groups. The first session will be 'everyday suppers', and the members will decide what they wish to cook in future sessions. All equipment is provided but there is a small donation towards the cost of ingredients.

**Y8 CONTINUING TO THINK POSITIVELY** (Linda Lee and Jan Walker)  
Barrington Centre, Conference Room

Monday 16<sup>th</sup> October 10.30 - 4.00 with a break for lunch

What you say, what you do, what you feel - all have their origin in the mind.

The energy of the human mind is thought. It is the greatest - but least understood - energy resource in the world. Thoughts are like seeds, each producing a distinctive flower that can either be creative or destructive. By understanding your own thinking patterns you can then choose positive thoughts, which in turn produce the greatest happiness.

**Y9 NEW BON VIVEURS** (Richard Tucker & Judith Hodges)  
Autumn Initially Fridays 12.30 - 2.30

Dates: 22<sup>nd</sup> Sept, 13<sup>th</sup> Oct, 17<sup>th</sup> Nov, 15<sup>th</sup> Dec

This new venture involves practical food related topics (visits, sampling etc). A suggested programme, to be agreed by group members, includes wine tasting, a restaurant visit, a visit to a smokery, and to a vineyard. Additional costs will be incurred. Details for first meeting to be advised

**Y10 NEW CHRISTMAS BAKES AND MAKES** (Judith Hodges)  
At home in Northbourne Monday 10.00 - 4.00  
Date: 13<sup>th</sup> November 2017

We will be cooking Christmas items such as canapes, gingerbread, stollen, an 'alternative' Christmas cake, savoury pastries, together perhaps with some 'presents' such as chocolate truffles, Turkish delight or fudge.

All equipment is provided but there is a small donation towards the cost of ingredients. Please bring tins to transport your goodies home, and an apron if you usually wear one. A simple snack lunch will be provided.

## MORE INFORMAL GROUPS

**Z1 3 MILE WALKS** (Richard Buxton)  
Second Friday of each month 10.00am start

A walk of around 3 miles with no stiles and a point of interest, finishing at a pub for lunch, if you wish. Please e-mail [buxton.home@nasuwt.net](mailto:buxton.home@nasuwt.net) if you would like details of the walk each month.

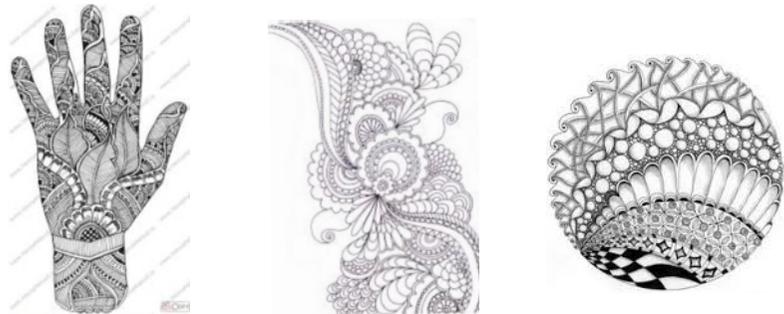
**Z2 5 MILE PUB WALKS** (Ian Burr)  
Third Friday of each month 10.00am start.  
Easy walks within 25 miles of Ferndown, followed by a pub lunch. Lifts are available  
E-mail: [ianburr353@btinternet.com](mailto:ianburr353@btinternet.com). Tel: 01202 855529

**Z3 SATURDAY SINGLES' SOCIAL GROUP** (Pat O'Riordan)  
Second Saturday of each month

This is a group of members who, primarily because they live alone, meet for a pub lunch. In addition, arrangements are made to attend the theatre, ballet, cinema, etc. on an ad-hoc basis, where everyone is welcome.

**Z6 PETANQUE BOULES** (Les Brand)  
The Forest Inn, Ferndown Mondays 11.00 onwards  
September to November, and March to May (Weather permitting)  
Just turn up when you can and join in. Tuition will be available. If you have your own boules please bring them along. Further details on 01202 876312 before 5.00pm.  
New members especially welcome!!

Want to know what 'Zentangle' is? These are a few examples:



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**You value YOUR FU3A, so don't keep it to yourself  
- it's good to share!!**

We want **you** to help FU3A to continue to grow, and this year are asking every current member to recruit at least one new one.

Have a think about who you could approach - a friend or a neighbour perhaps. Or you could tell people about FU3A at your church or other organisations you belong to.

Perhaps you could place a supply of brochures in a club, church or other venue?

With people being forced to work for longer we are not getting as many new members at the younger end of our demographic. This is a concern because, as we all age we inevitably lose members willing to continue to run groups or to serve on the Committee.

At the moment we have a thriving and vibrant U3A, and we intend to make sure it stays that way.

We aren't asking for new members to jump right in with offers to run groups or to fill a Committee role, but more members means more exposure and will help us to attract the leaders of the future.

## SOCIAL EVENTS

### FRIDAY TALKS - Everyone Welcome

The **Friday Talk** programme starts on September 22<sup>nd</sup>. At First Fridays, Committee members will be available for you to raise any issues and to answer any questions you may have.

**Look out for details on the website, in the Newsletter, and on the notice board, for additional sessions. Newsletters are sent by e-mail to those with internet access, and can also be viewed on the website. Paper copies are available in the rack by reception in the Barrington Centre.**

The events on **Friday September 22<sup>nd</sup>** and **Friday October 6<sup>th</sup>** will be an opportunity for us to welcome new FU3A members.

### LANSDOWNE LUNCH - Everyone Welcome

This popular gourmet lunch is held at the *Escoffier Restaurant* of the Bournemouth and Poole College. Recently this has been awarded an 'AA Rosette'.

It is usually held in late November and it enables the college students to practise their catering skills.

**Look at the Website, Newsletters and noticeboard for details.**

### TRIPS AND OTHER SOCIAL EVENTS

**Trips and other social activities are organised throughout the year.**

**Please check the Website, Newsletters, and FU3A noticeboard in the Barrington Centre for details.**

**By signing up early for advertised trips and other social events it assists in the organisation process, and also ensures that there are sufficient members for the trip or event to run.**

### A NOTE ABOUT TRIPS and FU3A INSURANCE COVER

**Please be aware that our Third Party Public Liability insurance only applies to FU3A members.**

**If you wish to include a partner or friend on a regular basis then that person will need to join FU3A.**

**ARE YOU MAKING THE MOST OF THE  
INFORMATION AVAILABLE TO YOU?  
VISIT THE FERNDOWN U3A WEBSITE**



**[www.ferndownu3a.co.uk](http://www.ferndownu3a.co.uk)**

***If you don't have a computer you can go online  
via a tablet, smart phone  
or in the Library***

***DON'T MISS OUT ON EVENTS, TRIPS, CHANGES  
TO EXISTING GROUPS, AND ANY NEW GROUPS  
OFFERED DURING THE YEAR***

***It's friendly and easy to use,  
so why not give it a try?***

## **DETAILS FOR EACH VENUE**

### **Ferndown Village Hall (FVH), Mick Arnold/Noisy Room and Snooker Room \*\***

Church Road, Ferndown BH22 9ET

### **St Anthony's Church Hall, West Moors**

8 Pinehurst Road, West Moors BH22 0AP

### **St Mary's Church**

Church Road, Ferndown BH22 9EU

Telephone: 01202 897087

### **United Church, Ferndown**

505 Wimborne Road, Ferndown BH22 9NF

### **St Mark's Church, West Parley**

250 New Road, West Parley BH22 8EW

### **Heatherlands Community Centre**

Barns Road, Ferndown BH22 8XG

### **Barrington Centre**

Penny's Walk, Ferndown BH22 9TH

Telephone: 01202 894858

### **United Reformed Church**

Ringwood Road, Longham BH22 9AW

### **Ferndown Youth Centre**

Mountbatten Drive, Ferndown BH22 9FB

Telephone: 01202 874448

### **West Moors Middle School**

Heathfield Way, Ferndown BH22 0DA

### **Ferndown British Legion (FBL), Hall and Upstairs Area \*\***

Church Road, Ferndown BH22 9ET

**\*\* Please be aware that these two venues (Ferndown Village Hall, Snooker Room and Ferndown British Legion, Upstairs Area) are not on the ground floor but there is a stair-lift in both locations.**

## Mornings 2017- 2018

<b>MONDAY</b>			
<b>A1</b>	Art Workshop 1	9.30 - 12.30	Barrington, Hayes
<b>Y5</b>	Cooking with Friends	9.30 - 12.30	Monthly At home in Northbourne
<b>Y5A</b>	Cooking with Friends	9.30 - 12.30	Monthly At home in Northbourne
<b>Y10</b>	Christmas Bakes and Makes	10.00 - 4.00	13 <sup>th</sup> November At home in Northbourne
<b>Y8</b>	Continuing to Think Positively	10.30 - 4.00	16 <sup>th</sup> October Barrington, Conference
<b>Z6</b>	Petanque Boules	11.00 - 1.00	The Forest Inn, Ferndown
<b>TUESDAY</b>			
<b>A4</b>	Art for All	9.30 - 12.00	Barrington, Hayes
<b>A5</b>	Watercolours and Mixed Media	9.30 - 12.30	Barrington, Conference
<b>D10</b>	Psychology	9.30 - 10.45	Fortnightly Upstairs Area, FBL
<b>D15</b>	Global Challenges	9.30 - 10.45	Autumn Barrington, Studio
<b>T12</b>	Spreadsheets for Beginners	9.30 - 10.45	6 <sup>th</sup> & 20 <sup>th</sup> Feb only Mick Arnold/Noisy Room FVH
<b>N2</b>	Naturewatch	10.30 - 11.45	Fortnightly Autumn/Spring St Mary's, Lounge
<b>C7</b>	Crafts	11.00 - 12.30	Barrington, Studio
<b>H2</b>	Making of English People	11.15 - 12.45	Spring Mick Arnold/Noisy Room FVH
<b>WEDNESDAY</b>			
<b>A7</b>	Ten Great Paintings	9.30 - 10.30	Spring Barrington, Studio
<b>H8</b>	Ten Grt Achievements W Man	9.30 - 10.30	Autumn Barrington, Studio
<b>A6</b>	Art History	9.30 - 10.45	Monthly West Moors Middle School
<b>H3</b>	Blue Lamp – Part 3	9.30 - 10.45	Autumn St Mary's, Venue 1
<b>K13</b>	Ballroom / Latin Dancing	9.30 - 11.00	Ferndown British Legion
<b>L9</b>	German Language year 4	9.30 - 10.45	Barrington, Hayes
<b>L5</b>	Spanish	10.45 - 12.15	At home in Ferndown
<b>D5A</b>	Current Affairs 2	11.00 - 12.15	West Moors Middle School
<b>W3</b>	Readers' Circle	11.00 - 12.15	Monthly Upstairs Area, FBL
<b>H12</b>	European Dictatorships	11.15 - 12.30	Barrington, Studio
<b>THURSDAY</b>			
<b>H5</b>	Family History - the basics	9.30 - 10.45	Autumn Mick Arnold/Noisy Room FVH
<b>H6</b>	Family History - further back	9.30 - 10.45	Spring Mick Arnold/Noisy Room FVH
<b>W4</b>	Creative Writing	9.30 - 11.00	Barrington, Hayes
<b>L6</b>	Parlons Francais - Year 5	9.30 - 10.45	At home in West Parley
<b>D5</b>	Current Affairs	9.30 - 10.45	Barrington, Studio
<b>L11</b>	German - year 2	9.30 - 10.45	Starts 12 <sup>th</sup> October At home in Ferndown
<b>W1</b>	Shakespeare	9.30 - 10.45	Autumn & Spring At home in Ferndown
<b>D7</b>	A Broad Look at the Law	11.00 - 12.30	Fortnightly/Autumn Barrington, Studio
<b>K8</b>	English Country Dancing	11.00 - 12.30	Ferndown British Legion
<b>C6</b>	Hints and Tips for Home Maintenance	11.15 - 12.30	Spring Barrington, Studio

## Afternoons 2017 - 2018

<b>MONDAY</b>			
<b>B1</b>	Chicago Bridge Club	1.30 - 4.30	Heatherlands
<b>J3</b>	Girona - An Historical Travelogue	1.30 - 2.45	Spring/5 wks Barrington, Hayes
<b>K4</b>	Table Tennis - Improvers	1.30 - 3.00	United Church, Ferndown
<b>T1</b>	Astronomy	2.00 - 4.00	St Mary's, Beacon Room
<b>D11</b>	World Religions	2.00 - 3.30	Autumn/Spring At home in Ferndown
<b>M1</b>	Enjoying Music	2.15 - 3.45	Mick Arnold/Noisy Room FVH
<b>W10</b>	Crime and Thriller book group	3.00 - 4.30	Monthly Autumn/Spring Barrington, Hayes
<b>K5</b>	Table Tennis - Experienced	3.00 - 4.30	United Church, Ferndown
<b>TUESDAY</b>			
<b>K1</b>	Badminton 1	1.00 - 2.30	Ferndown Village Hall
<b>B2</b>	Duplicate Bridge -Selected standard	1.30 - 4.30	Heatherlands
<b>D12</b>	Philosophy for Beginners	1.30 - 3.00	Spring Upstairs Area, FBL
<b>K3</b>	Line Dancing	1.30 - 2.30	Ferndown Youth Centre
<b>W12</b>	The 3 'R's	2.00 - 3.15	St Mary's Church, Venue 1
<b>C1</b>	Chair Caning	2.00 - 4.00	At home in Ferndown
<b>W2</b>	Drama Workshop	2.00 - 4.00	Ferndown British Legion
<b>M9</b>	The Really Awful Singing Group	2.00 - 3.15	Monthly At home in Northbourne
<b>K2</b>	Keep Fit & Healthy Badminton	2.30 - 4.30	Ferndown Village Hall
<b>K11</b>	English Country Dancing Workshop	4.30 - 6.00	Ferndown Village Hall
<b>WEDNESDAY</b>			
<b>B3</b>	Duplicate Bridge	1.30 - 4.30	Heatherlands
<b>C3</b>	Beadwork	1.30 - 3.15	Barrington, Hayes
<b>BA1</b>	Beginners Bridge	1.30 - 4.30	West Moors Middle School
<b>BA2</b>	Improvers Bridge	1.30 - 4.30	Barrington, Studio
<b>W13</b>	A Tale of Three Cities - Three in One	1.45 - 3.00	St Mary's Church, Venue 1
<b>K6</b>	Keep Fit	1.30 - 3.00	United Church, Ferndown
<b>D3</b>	Greenfingers	2.00 - 4.00	Monthly At various homes
<b>D16</b>	Random Thoughts	2.00 - 3.30	Autumn/Ftntly Upstairs Area, FBL
<b>M10</b>	Ukelele Group	2.00 - 3.30	At home in Ferndown
<b>THURSDAY</b>			
<b>B4</b>	Chicago Bridge	1.30 - 4.30	Barrington, Hayes
<b>D14</b>	Sociology - "That was the week that was"	1.30 - 2.45	Autumn/Spring Fortnightly Upstairs Area, FBL
<b>W5</b>	Play Reading	2.00 - 4.00	At home in Ferndown
<b>M3</b>	Enjoy Singing	2.00 - 3.15	Longham UR Church Hall
<b>M4</b>	Music Appreciation	2.00 - 4.00	Fortnightly St Mary's, Beacon Room
<b>W11</b>	With Great Pleasure	2.00 - 3.15	Monthly Autumn/Spring At home in Ferndown

## Mornings 2017- 2018 (Continued)

### FRIDAY

<b>K9</b>	Table tennis - Experienced 1	9.30 - 11.00		St Anthony's Church Hall
<b>A8</b>	Zentangle and Assoc. Arts	9.30 - 12.30	Autumn	Snooker Room, FVH
<b>Z1</b>	3 Mile Walks	10am onwards	Second Friday	
<b>Z2</b>	5 Mile Pub Walks	10am onwards	Third Friday	
<b>J1</b>	Discovering Wessex	10.30 - 12.00	Fortnightly	Barrington,Conference/visit
<b>K10</b>	Table tennis - Experienced 2	11.00 - 12.30		St Anthony's Church Hall
<b>Y9</b>	Bon Viveurs	12.30 - 2.30	Autumn	Various TBA

### SATURDAY

<b>N1</b>	Nature Walks	10 - 30 onwards	Dates Online and in Brochure	To be advised
<b>Z3</b>	Saturday Singles Social Group		Second Saturday Monthly	Various

## Afternoons 2017 - 2018 (Continued)

### FRIDAY

<b>B6</b>	Chicago Bridge	1.30 - 4.30		Heatherlands
<b>M5</b>	Opera	1.30 - 4.00	Monthly	At home in Colehill
<b>W6</b>	Film Studies	2.00 - 4.30	Fortnightly Autumn and Spring	Barrington, Hayes
<b>M6</b>	Anything but Opera	2.00 - 4.00	Fortnightly Autumn and Spring	At home in Parley