

## SOCIAL EVENTS

In addition to the groups described, as a member you are welcome to participate in any or all of the following social activities:

This year the regular coffee mornings organised by Gerry Lewis (Tel: 01202 578451) will form part of the 'Autumn Fridays' and 'Spring Fridays' programme starting on September 26th. Full details will appear in due course in the Newsletter, and on the notice boards. They are open to everyone.

Coffee and biscuits will be available at the Barrington Centre each Friday from 9.30am, followed by the talk or discussion group for that day.

The event on FRIDAY OCTOBER 3RD will be to welcome new U3A members especially.

**THE ANNUAL GENERAL MEETING**, which will be followed by refreshments and entertainment, will be on **Monday December 15th at 2.15pm in the Village Hall.**

### **3 MILE WALKS (Richard Buxton)**

*Second Friday of each month 10.00am at the starting point.*

A walk of around 3 miles with no stiles and a point of interest, finishing at a pub for lunch, if you wish. Please e-mail [buxton.home@nasuwt.net](mailto:buxton.home@nasuwt.net) if you would like details of the walk each month.

### **5 MILE PUB WALKS (Ian Burr Tel: 01202 855529)**

*Third Friday of each month 10.00am start.*

A walk of 5 or 6 miles, finishing at a pub for lunch. Watch the notice boards for details.

**ON YOUR BIKE** Linda Withrington will lead the first outing of the new cycling group. Meet outside the Barrington Centre on Thurs September 18th at 2.00pm for a ride along part of the Castleman Trailway avoiding main roads. Future destinations will be chosen by the group.

### **SATURDAY SINGLES' SOCIAL GROUP (Pat O'Riordan Tel: 01202 891774)**

*Second Saturday of each month*

This is a group of members who, primarily because they live alone, meet for a pub lunch. In addition, arrangements are made to attend the theatre, ballet, cinema, etc. on an ad-hoc basis, where everyone is welcome.

### **SKITTLES (Brenda Baldry, Tel:01202 875851 )**

*Fourth Friday, alternate months 11.15 - 2.30*

This regular event starts in September. Please keep an eye on the notice-boards if you are interested - places will be limited.

### **'LANSLOWNE LUNCH'**

This popular gourmet lunch is held at the *Escoffier Restaurant* of the Bournemouth and Poole Catering College. Recently this has been awarded an 'AA Rosette'. It is usually held in late November and it enables the students to practise their catering skills. Watch the noticeboard for details.

Trips and other social activities are organised throughout the year. Please check the Newsletters which are on the website or printed copies for those without internet. Also check the U3A noticeboards in the Barrington Centre and the Youth Centre.



# FU3A

## Ferndown and District U3A

(University of the Third Age) Registered Charity Number: 1073206

### **PROGRAMME 2014-2015**

*ASTRONOMY \* ASTROLOGY \* ART*

*CRAFTS \* BRIDGE*

*TABLE TENNIS \* KEEP FIT \* DANCING*

*MUSIC \* GAMES \* SINGING*

*INVESTMENTS \* HISTORY GALORE*

*READERS' CIRCLE \* CREATIVE WRITING*

*CURRENT AFFAIRS \* DRAMA*

*WALKS AND MUCH, MUCH MORE!*

### **AUTUMN TERM 2014**

15th September - 12th December  
(Half term 27th October-31st October)

### **SPRING TERM 2015**

5th January-27th March  
(Half term 16th-20th Feb)

### **SUMMER TERM 2015**

20th April-22nd May

## FERNDOWN and DISTRICT U3A

is an independent group affiliated to the Third Age Trust,  
the national body of the University of the Third Age.

Welcome to Ferndown U3A, we hope you will join us and experience the pleasure our members receive from being part of this wonderful organisation.

The U3A is a totally voluntary movement which caters for the interests of those over 50 who are no longer in full-time employment. It provides educational, creative and leisure opportunities in a friendly environment. Sessions are relaxed and informal, there are no entry qualifications and no examinations. Most Ferndown U3A groups meet at venues in and around Ferndown.

We cannot thank enough those group leaders who give of their time so generously. Thanks also go to our committee members and others who each play a part in the organisation and administration of Ferndown U3A.

### NEWSLETTERS

We try to keep our members informed of new information by Newsletter. We are now producing these monthly and they will be available to view on the website, under the 'news' tab. For those without internet access we will continue to provide a black and white printed copy. Copies are also available on the various noticeboards in the Barrington Centre and the Youth Centre.

### NOTICE BOARDS

We have the use of notice boards in the corridor leading to the Hayes room in the Barrington Centre, and one in the Ferndown Youth Centre. Newsletters and information about events will be posted on these boards. Please make it a habit to look at them on a regular basis.

### ANNUAL GENERAL MEETING

This will take place on **Monday 15th December 2014 at 2.15pm in the Village Hall**, to be followed by entertainment and refreshment.

U3A National Office is at  
19 East Street, Bromley, Kent. BR1 1QE  
Telephone number: 0208 466 6139

As well as Ferndown and District U3A there are other U3As in Dorset, and all over the UK, and information about these can be found on the national website [www.U3A.org.uk](http://www.U3A.org.uk)

## Afternoons 2014 - 2015

### MONDAY

<b>B1</b>	Rubber Bridge Club	1.00 - 4.00		Longham UR Church Hall
<b>T1</b>	Astronomy	2.00 - 4.00		Barrington Centre
<b>C1</b>	Chair Caning	2.00 - 4.00		At home in Ferndown
<b>Y3</b>	Experience of Dementia	2.00 - 3.30	Spring	Barrington Centre
<b>M1</b>	Enjoying Music	2.15 - 3.45		Noisy Room, Village Hall
<b>L1</b>	Vamos A Conocernos Durante	2.30 - 3.45	Fortnightly	At home in Ferndown

### TUESDAY

<b>K1</b>	Badminton 1	1.00 - 2.30		Ferndown Village Hall
<b>B2</b>	Duplicate Bridge	1.00 - 4.30		Heatherlands Centre
<b>K3</b>	Line Dancing	1.30 - 2.30		Ferndown Youth Centre
<b>J2</b>	Imagining Italy	1.45 - 3.00		Barrington Centre
<b>Y4</b>	Coping with Bereavement	2.00 - 3.30		At home in Ferndown
<b>W2</b>	Drama Workshop	2.00 - 4.00		Ferndown British Legion
<b>D2</b>	Investments	2.00 - 4.15		At home in Ferndown
<b>C4</b>	Knitting and Nattering	2.00 - 4.00		At home in 3 Legged Cross
<b>K2</b>	Badminton 2	2.30 - 4.30		Ferndown Village Hall
<b>L7</b>	Parliamento Italiano	3.15 - 4.30		Barrington Centre

### WEDNESDAY

<b>B3</b>	Duplicate/Chicago Bridge	1.00 - 4.30		Heatherlands Centre
<b>G1</b>	Scrabble and Other Games	1.15 - 3.15		Noisy Room, Village Hall
<b>C3</b>	Beading Workshop	1.30 - 3.15		Barrington Centre
<b>BA1</b>	Beginners' Bridge	1.30 - 4.00		Barrington Centre
<b>BA2</b>	Improvers' Bridge	1.30 - 4.30		Barrington Centre
<b>D3</b>	Greenfingers	2.00 - 4.00	Monthly	At various homes
<b>K6</b>	Keep Fit	2.00 - 3.15		Ferndown Village Hall
<b>D6</b>	Philosophy	2.00 - 3.30	Autumn	At home in Ferndown
<b>J3</b>	Great Cities, Great Lives	3.20 - 4.30		Barrington Centre

### THURSDAY

<b>B4</b>	Chicago Bridge	1.00 - 4.00		Ferndown Library
<b>W5</b>	Play Reading	1.30 - 3.30		At home in Ferndown
<b>M3</b>	Enjoy Singing	2.00 - 3.15		Longham UR Church Hall
<b>M4</b>	Music Appreciation	2.00 - 4.00	Fortnightly	Barrington Centre

### FRIDAY

<b>B6</b>	Chicago Bridge	1.00 - 4.30		Ferndown Library
<b>B5</b>	Rubber Bridge	1.00 - 4.00		Longham UR Church Hall
<b>W6</b>	Film Studies	1.30 - 4.30	Fortnightly	Barrington Centre
<b>D4</b>	On and Out of the World	1.30 - 4.30	Meets twice	Barrington Centre
<b>M5</b>	Opera	1.30 - 4.00	Monthly	At home in Colehill

## Mornings 2014 - 2015

### MONDAY

<b>A1</b>	Art Workshop 1	9.30 – 12.30		Barrington Centre
<b>Y2</b>	Home Cooking for Beginners	10.30 – 12.00	Autumn	At home in Northbourne
<b>C5</b>	Woodwork for Gardeners	10.30 – 12.00	Autumn	At home in West Parley

### TUESDAY

<b>L2</b>	Advanced German	9.30 – 10.30		At home in Ferndown
<b>A4</b>	Art Workshop 2	9.30 – 12.00		Barrington Centre
<b>H1</b>	Aspects of American Growth	9.30 – 10.45	Spring	Noisy Room, Village Hall
<b>W1</b>	Shakespeare	9.30 – 10.45	Autumn & Spring	At home in Ferndown
<b>D1</b>	Sociology 'It's a man's world?!	9.30 – 10.45	Autumn	Barrington Centre
<b>M2</b>	Swing is King	9.30 – 11.15	Fortnightly	Barrington Centre
<b>A5</b>	Watercolours Workshop	9.30 – 12.30		Barrington Centre
<b>C2</b>	General Crafts	11.00 – 12.30		Barrington Centre
<b>H2</b>	Making of English People	11.15 – 12.45		Noisy Room, Village Hall
<b>T2</b>	Introduction to Astronomy	11.30 – 12.30	Fortnightly/autmn	Barrington Centre

### WEDNESDAY

<b>H3</b>	Blue Lamp – Part 2	9.30 – 10.45	Autumn x 11 wks	Barrington Centre
<b>T5</b>	Laptop Workshop	9.30 – 11.00	Spring	Noisy Room, Village Hall
<b>K4</b>	Table tennis - Improvers	9.30 – 11.00		Ferndown Youth Centre
<b>T3</b>	Astrology – Intermediate	10.00 – 12.00	Fortnightly	At home in West Moors
<b>K7</b>	Folk Dancing 1	11.00 – 12.30		Ferndown Village Hall
<b>W3</b>	Readers' Circle	11.00 – 12.30	Monthly x10	Noisy Room, Village Hall
<b>L5</b>	Spanish	11.00 – 12.15		At home in Ferndown
<b>K5</b>	Table tennis - Experienced	11.00 – 12.30		Ferndown Youth Centre
<b>Y1</b>	A Problem Shared	11.15 – 12.30		Barrington Centre
<b>W10</b>	A Reunion with Old Friends	11.15 – 12.30	Autumn	Barrington Centre

### THURSDAY

<b>H5</b>	Basic Family History	9.30 – 10.45	To be advised	Ferndown Youth Centre
<b>H6</b>	Advanced Family History	9.30 – 10.45	To be advised	Ferndown Youth Centre
<b>W4</b>	Creative Writing	9.30 – 11.00		Barrington Centre
<b>D5</b>	Current Affairs	9.30 – 10.45		Barrington Centre
<b>T4</b>	Astrology for Beginners	10.00 – 12.00		At home in West Moors
<b>K8</b>	Folk Dancing 2	11.00 – 12.30		Ferndown British Legion
<b>L6</b>	Parlons Francais – Year 2	11.15 – 12.15		Barrington Centre
<b>H7</b>	World War II	11.15 – 12.30		Barrington Centre

### FRIDAY

<b>K9</b>	Table tennis - Experienced 1	9.30 – 11.15		St Anthony's Church Hall
<b>J1</b>	Discovering Dorset	10.30 – 12.00	Fortnightly	Barrington Centre
<b>K10</b>	Table tennis - Experienced 2	11.15 – 1.00		St Anthony's Church Hall

## FERNDOWN U3A COMMITTEE

Chairman and Business Secretary:	Brian Williams
Vice Chairman:	Bob Reeve
Secretary:	Glyn Bosanko
Treasurer:	John Mullett
Membership Secretary:	Jim Cooke
Groups Co-ordinator:	Bob Reeve
Bridge Co-ordinator:	Jenny Bass
Social Secretary:	Gerry Lewis
Accommodation Officer:	Betty Ford
Communication Officers:	Judith Hodges Maggie Shew

### TO CONTACT FERNDOWN U3A



E-mail: [ferndownu3a@googlemail.com](mailto:ferndownu3a@googlemail.com) - this is the preferred option



Leave a message, including your name and telephone number on the FU3A telephone **07799 121 926** (Please speak slowly and clearly.)



Write to: Ferndown U3A, c/o 93 Redhill Drive, Bournemouth, BH10 6AG

### TO ENROL:

**Please complete the Enrolment Form in the middle of this programme and follow the instructions on page 13.**

**The Annual Enrolment Fee is £47.**

*(Reduced Rates are available for people who join after Christmas.)*

Our members are entitled to four full-time groups per year. (Single term, fortnightly and monthly sessions count as half.) In addition, members can participate in walks, social events and outings.

Members are responsible for providing their own course materials.

Some Bridge groups run longer than normal term times, meeting up to 50 weeks per year. These groups incur a supplement of £20 per member, per group.

Members' details are entered on a database for our internal use only.

Ferndown U3A regrets that it may sometimes be necessary to suspend groups.

***Please retain this programme and make a note of the term dates which are printed on the front cover.***

## MEMBERSHIP ACCEPTANCE

All Enrolment Forms will be logged, & cheques banked as they are received. It would assist the Committee if you could send in your form by 14<sup>th</sup> July. The actual booking process will commence on July 17<sup>th</sup> at which time the membership of any oversubscribed groups will be resolved by a random draw of all applicants.

After this date, results will be available on the members' database (see page 5 for access details), and posted to Members who have enclosed a S.A.E. Cheques will be refunded where Members have been unsuccessful in every one of their booking requests.

Results will show the address of the venue, the Leader's name & contact details (if supplied), plus dates & times of sessions.

If a group is full you will automatically be put on a waiting list and advised if and when a vacancy arises.

If there are insufficient members wishing to attend any group then it will be cancelled and you will be advised.

We do our best to fit everyone into the group/s of their choice and to run all groups where possible, and we sincerely regret when this cannot be done.

**Should you decide after all not to join any groups this year, but still wish to be kept informed, please send us a copy of the enrolment form with your details and we will ensure that you receive Newsletters.**

**Don't forget to look at our Shorter Groups on pages 20 and 21!**

**And look out for details of a series of one-off presentations and discussion groups at the Barrington Centre, on 'Autumn Fridays' and 'Spring Fridays'**

*(Neither of these options count towards your maximum)*

**D4 NEW ON AND OUT OF THIS WORLD** (*Gina Pointing*)  
Barrington Centre Two half-day sessions Fri Oct 3<sup>rd</sup> and Fri Oct 24<sup>th</sup>  
Both at 1.30 - 4.30

What are the chances of finding 'life' on other planets and/or exo-planets? Where are the best places to look and how are we looking? Also, is primitive life common, but intelligent life rare? Then conversely, are we in danger of another mass extinction from a large asteroid strike, supervolcano, gamma ray burst or even a roving Black Hole? In two illustrated sessions we will seek to find some not too complicated answers.

**T2 NEW INTRODUCTION TO ASTRONOMY** (*John Mullett*) (6 alternate weeks)  
Barrington Centre Tuesdays 11.30 - 12.30  
Start Date: 16<sup>th</sup> September

A basic introductory Group on Astronomy. Discussing the Universe, Galaxies, Our Solar System, Constellations, and related topics.

**T5 NEW LAPTOP WORKSHOP** (*Jim Cooke*) (6 Weeks)  
Noisy Room, Village Hall Wednesdays 9.30 - 11.00  
Start Date: 7<sup>th</sup> January **NB: Not suitable for tablets.**

Bring your own laptop along to brush up your existing skills and perhaps learn a few helpful tips and shortcuts. Topics include revision of basic computer skills, internet, e-mail, MS Word, file management, organising, and adjusting digital photos.

**Y2 NEW HOME COOKING FOR BEGINNERS** (*Judith Hodges*) (6 weeks)  
At home in Northbourne Mondays 10.30 - 12.00

Start Date: 22<sup>nd</sup> September

Have you always wanted to cook but never had the opportunity? This group will adapt itself to the needs of the members; so whether you want to make a simple Cottage Pie, Spag-Bol, or impress your friends and family with home baked cakes, come along and have a go. All equipment provided.

**Y3 THE EXPERIENCE OF DEMENTIA** (*Judith Hodges*) (6 weeks)  
Barrington Centre Mondays 2.00 - 3.30

Start Date: 5<sup>th</sup> January

This group is aimed at anyone who is either caring for someone with dementia, or who has an interest in the issues which impact on people with dementia and their carers. There will be special emphasis on communication issues which are key in helping people live well with dementia, together with practical ways of improving quality of life. The group will be run informally allowing everyone to share their experiences, challenges and views.

**Y4 NEW COPING WITH BEREAVEMENT** (*Olwen Reeve*) (5 weeks)  
At home in Ferndown Tuesdays 2.00 - 3.30

Start date: 13<sup>th</sup> January

Our starting point for this short group will be that 'bereavement is normal for everyone'. Using a series of anonymised scenarios interspersed with personal reflections, we will look at different aspects of coping with bereavement.

## W6 **FILM STUDIES** (*Alastair Crompton*)

*Barrington Centre* *Alternate Fridays 1.30 – 4.30*

*Start Date: 19th September (Autumn and Winter terms only)*

Each fortnight we watch a film, then discuss it. How and why did it achieve what it set out to do? Or how and why did it fail? Prior to each showing you'll hear about the Director, and what to watch out for of special interest on screen.

We start with Stephen Spielberg's first film. Sneaking around Universal Pictures' mail room he found the script for 'Duel' and begged them to let him direct it. Result: 'The film that led Spielberg to the top of the heap in Hollywood.'

## W10 **NEW** A REUNION WITH CHILDHOOD FRIENDS (*Alastair Crompton*)

*Barrington Centre* *Wednesdays 11.15 - 12.30 (Autumn Term)*

Ten talks where you again meet up with characters from the comics you read as a kid. No boring histories of Gem, Magnet or other ancient papers for boys. Instead we revisit your best-remembered favourites. Desperate Dan, Korky the Cat, Denis the Menace, Belle of the Ballet, Dan Dare, The Four Marys, Roy of the Rovers and many others. Not only will you recall the amusement they gave you; if the mood takes you, you may reminisce. Some stuff too about the writers and artists. Possibly our most academically challenging group?

## YOUR LIFE

### Y1 **NEW** A PROBLEM SHARED IS A PROBLEM HALVED

*(Doreen Kinnear)*

*Barrington Centre* *Wednesdays 11.15 - 12.30*

Come and join a relaxed discussion group. You can discuss anything you like; ideas to share, problems you haven't solved yet; exchanging views on any topical subject you like. Let's get together and enjoy our time together.

*(Group will run for one term, and may be repeated in spring and summer terms)*

## GROUPS OFFERED FOR SHORTER PERIODS

*(Not counted towards maximum 4 groups)*

### C5 **NEW** WOODWORK FOR GARDENERS (*John Drew*) (6 weeks)

*At home in West Parley* *Mondays 10.30 - 12.00*

*Start Date: 3<sup>rd</sup> November*

Want to use wood to make useful and decorative things for your garden? Advice will be given on the best tools and materials to use; and how to work safely (there will be no use of power tools). Opportunities to learn by demonstration and supervision.

## FERNDOWN U3A WEBSITE - IMPORTANT

### PLEASE READ THIS PART EVEN IF YOU DO NOT HAVE A COMPUTER

Recently we have made further improvements to our website, and on-line database, both of which display general information and details of the current programme. The website can be viewed by anyone.

Ferndown U3A members can 'log-in' to the database with a personal password to view the groups on which they are booked or for which they are waiting, as well as payments they have made. Group leaders will also be able to view the list of members booked on their activities.

The website and database are protected by security measures which have been checked with U3A head office and data protection authorities.

All our administrative team have signed a privacy notice and we do not share any personal details with anyone else.

**ALL members are requested to notify the Membership Secretary of any changes to their name, address, telephone number or email address (if they have one).**

As you are all aware, costs keep rising and we are taking all the steps we can to keep the enrolment fee as low as possible.

The majority of our members are now on the internet and email and this is a quick and cost effective way to convey Newsletters and other information.

## HOW DO I ACCESS THE WEBSITE AND ONLINE DATABASE?

To access the website, go to:

**<http://www.ferndownu3a.co.uk>**

On the HOME page, select the **DATABASE** tab, select the link you need. Once on the database you can view full details of all groups and current vacancies.

To view their **booking** details or change their passwords, members will need to 'log-in'.

To receive a username and password or to request further assistance, please contact the Membership Secretary: [ferndownu3a@googlemail.com](mailto:ferndownu3a@googlemail.com)

## GROUPS

**You may choose up to 4 full-time groups. Fortnightly, monthly and one-term groups count as a half each. Please note any unusual starting dates.**

### ART

#### **A1 ART WORKSHOP 1** (Angela Wilkins and Trish Lovell)

Barrington Centre Mondays 9.30 - 12.30

Come and enjoy our workshop and paint in a friendly and relaxed atmosphere. No tuition will be given, but advice on choosing materials will be available.

#### **A4 ART WORKSHOP 2** (Ruth Muspratt and Rita Kelly)

Barrington Centre Tuesdays 9.30 - 12.00

Whether you are a complete beginner or someone who just enjoys painting as a hobby, you are welcome. We can either start you off with the basic knowledge of paint and materials, or give you the opportunity to paint freely in a friendly atmosphere where we all help each other.

#### **A5 WATERCOLOURS WORKSHOP** (Janet Price)

Barrington Centre Tuesdays 9.30 - 12.30

Bring your own things and do your own thing in a friendly and sociable atmosphere. No tuition will be given but lots of moral support and it is hoped to provide some demonstrations.

### BRIDGE

#### **The Bridge co-ordinator:**

Jenny Bass — email: [jmbass17@gmail.com](mailto:jmbass17@gmail.com)

Telephone 01202 873228

*As in previous years, every effort will be made to admit members to the group of their choice. However, to avoid overcrowding and excessive disparities in the skill level it may be necessary to transfer some members between groups during the year. The maximum number permitted in group BA1 will be 20; in groups B2 and B3 it will be 40; and in groups B4 and B6 it will be 30.*

*Everyone joining Ferndown U3A Bridge must fill in the Enrolment Form in the centre of the programme. If you wish to join a Bridge group that runs for 50 weeks of the year please add a supplement of £20 per member, per group.*

#### **T4 ASTROLOGY FOR BEGINNERS** (Pat Hutton)

At home in West Moors Thursdays 10.00 - 12.00

Astrology looks at cycles of the Sun, Moon and Planets and how they affect us on Earth. Learn about the signs of the Zodiac, planetary energies, how to read a birth chart and much more. You will learn about these patterns through your own birth chart, which will be drawn up with you.

### WORDS — WRITTEN, SPOKEN AND VISUAL

#### **W1 SHAKESPEARE** (Enid Rothwell) 2 terms only

At home in Ferndown Tuesdays 9.30 - 10.45

We shall study "The Tempest", which is B.O.A.T.'S production on Brownsea Island in 2015.

#### **W2 DRAMA WORKSHOP** (Rita Burke)

Ferndown British Legion Tuesdays 2.00 - 4.00

I am a retired drama teacher who has produced and directed many school productions from Shakespeare to panto. Come along and forget yourself, experience improvisations of character, situations tragic or comic based on real or imaginary lives. Do something you have always dreamed about and help create a piece of theatre. Men most welcome!

#### **W3 READERS' CIRCLE** (Clive Hood)

Noisy Room, Ferndown Village Hall 3rd Wednesday monthly 11.00 -12.30

Start Date: 17th September (10 months)

At our first meeting we will discuss two books:

'The Guernsey Literary and Potato Peel Pie Society' (Mary Ann Shaffer & Annie Barrows) and 'I Heard the Owl Call My Name' (Margaret Craven).

These are short books, so if any of you would like additional Summer reading try 'Parade's End' (Ford Madox Ford), which we'll discuss later in the Autumn. (The Wordsworth edition of this is available at only £1.99: the Kindle version costs only 84p to download).

If you have any queries please contact Clive Hood on 01425 476540.

#### **W4 CREATIVE WRITING** (Peter Hunt)

Barrington Centre Thursdays 9.30 - 11.00

This group works as a self-directed workshop, with members taking it in turn to lead the group. It is for people who like to express their feelings through prose or poetry, or who wish to try their hand at creating characters, situations or stories. Members give each other lots of encouragement and help. Writing is for our own pleasure and beginners are most welcome.

#### **W5 PLAY READING** (Margaret Thomas)

At home in Ferndown Thursdays 1.30 - 3.30

We read a range of plays, old and new, and meet a range of playwrights.

The group is not involved in performance so you can relax. Where else could you be a stropky teenager, a clever detective, a young lover, or a wicked villain for the afternoon? Just bring your voice!

## **M2 SWING IS KING** (Brian Bevis)

Barrington Centre Alternate Tuesdays 9.30 – 11.15

Start date: 16th September (same week as T2)

The music of the swing era ran from 1935 -1946, but in reality this foot-tapping form of music ran on into the 60's. This style of upbeat music resonates with many of our members' early memories. The group will listen to, discuss and enjoy, the bands, singers, and tune-smiths of these times. Members will be encouraged to contribute memories and music of their own. If you enjoy listening to 'feel-good' music come and share a good time with us.

## **M3 ENJOY SINGING** (Caryl Longland and David Oddy)

United Reformed Church Hall, Longham Thursdays 2.00 – 3.15

This group is for men and women who enjoy singing. We will tackle a variety of popular and light classical songs. Some experience could be useful but is not essential.

## **M4 MUSIC APPRECIATION** (Joan Waugh and John Bowyer)

Barrington Centre Alternate Thursdays 2.00 - 4.00

Start date: 25th September

You will enjoy the opportunity to learn more about composers and their music and grow in your musical taste. We are a friendly group who enjoy listening to a varied selection of music, mainly classical.

## **M5 OPERA** (John Gooch)

At home in Colehill 4th Friday of the month 1.30 – 4.00 (or later)

Start date 26th September

Life, love, sex and death! Viewing and discussing operas, all with English sub-titles. Interval with refreshments. (May contain nuts!)

## **TECHNICAL TOPICS**

### **T1 ASTRONOMY** (Graeme Nash)

Barrington Centre Mondays 2.00 - 4.00

This one-year group deals with all aspects of astronomy. Topics considered include some basics of the Earth's place in the universe, the history of astronomy to 1900, instruments and observing techniques, the solar system, the Sun, the stars, galaxies and cosmology, including the origin of the universe. Weather permitting, observations of the Sun (using safe filters) and Venus are made. The presentation is informal with use made of view graphs, slides, models and astronomical equipment. No previous knowledge of astronomy is assumed. Active participation by group members is encouraged and extra topics suggested by them are warmly welcomed.

### **T3 ASTROLOGY — INTERMEDIATE** (Pat Hutton)

At home in West Moors Alternate Wednesdays 10.00 - 12.00

Start Date: September 17th

This group is for those who have attended the beginners group and are familiar with signs of the Zodiac and planetary energies. It will expand your knowledge of yourself and the world around you by exploring, through astrological eyes, people and events in the news.

All members are expected to use Basic Acol / Standard English, Foundation Version. (Weak N.T., weak take outs, Stayman & Blackwood).

**Some Bridge groups have a requirement that you attend with a partner. For these groups it is essential that both members submit their Enrolment Forms and cheques together in the SAME envelope. If this does not happen no guarantee can be given that both members will be included in the same group if it is over-subscribed.**

### **BA1 NEW BEGINNERS' BRIDGE** (Brian Williams)

Barrington Centre Wednesdays 1.30 - 4.00

This group is for those who know nothing about Bridge and also for those who know how the game is played but who wish to improve their game. The group is not for the expert and will not make you an expert Bridge player. It does not cover expert bidding, play or defence, but it does cover the ordinary, standard situations, the basics of the Acoll system, that make up 95% of the game and in which many novice players go wrong.

### **BA2 IMPROVERS' BRIDGE** (Tim Lines)

Barrington Centre Wednesdays 1.30 - 4.30

We play friendly Rubber Bridge with the emphasis on enjoyment. Minimal tuition is given but advice is offered when requested. To join this group you should be able to open, respond and re-bid correctly in most circumstances.

**THE FOLLOWING BRIDGE GROUPS WILL RUN FOR 50 WEEKS PER YEAR AND ATTRACT A SUPPLEMENT OF £20 PER MEMBER, PER GROUP WHICH SHOULD BE ADDED TO THE ENROLMENT FEE.**

### **B1 RUBBER BRIDGE CLUB** (Derek Taylor)

United Reformed Church Hall, Longham Mondays 1.00 - 4.00

Start Date: 1st September

Now that you can play this wonderful game and wish to develop your skills, come along and play with others in a relaxed atmosphere. To join this group you should be able to open, respond and re-bid correctly in most circumstances.

### **B2 DUPLICATE BRIDGE – selected standard** (Brian Williams)

Heatherlands Centre Tuesdays 1.00 - 4.30

Start Date: 2nd September

We will play Duplicate Bridge all year. You will need a partner and it is preferable to arrange this in advance, but if you are unable to do so there is often a spare player available. To join this group you should be able to open, respond and re-bid correctly in most circumstances.

### **B3 DUPLICATE / CHICAGO BRIDGE** (Richard Buxton)

Heatherlands Centre, Barns Road, Ferndown Wednesdays 1.00 - 4.30

Start Date: 3<sup>rd</sup> September

We will play Chicago on the second and fourth Wednesdays of the month and Duplicate on other weeks. **You will need a partner on the Duplicate Bridge days** although it may be possible to find one at the group. To join this group you should be able to open, respond and re-bid correctly in most circumstances.

### **B4 CHICAGO BRIDGE** (Yvonne Warner)

Ferndown Library Thursdays 1.00 - 4.00

Start Date: 4th September

We will adopt the Chicago method of changing tables and scoring. This allows varying numbers to be accommodated. **You do not need to come with a partner.** The aim is to have an enjoyable social afternoon. To join this group you should be able to open, respond and re-bid correctly in the majority of circumstances.

No instruction or guidance is to be expected in this group, unless requested.

### **B5 RUBBER BRIDGE** (John and Barbara Wood)

United Reformed Church Hall, Longham Fridays 1.00 - 4.00

Start Date: 5th September

For experienced players wanting a relaxed afternoon of Rubber Bridge. It is not necessary to come with a partner, just turn up and enjoy yourself. Everyone will change tables after the tea break for an opportunity to play with different partners. To join the group you should be able to open, respond and re-bid correctly in most circumstances.

### **B6 CHICAGO BRIDGE** (Roger Leyland)

Ferndown Library Fridays 1.00 - 4.30

Start Date: 5th September

Just basic Bridge in a friendly and relaxed environment. This group is designed for those moving on from the Improvers' course but can accommodate and would welcome players with more experience to leaven the mixture. It is expected that members will be able to open, respond and re-bid correctly in most circumstances.

## **CRAFTS**

### **C1 CHAIR CANING** (Mike Power)

At home in Ferndown Mondays 2.00 - 4.00

If you have a cane-seated chair to repair or just want to learn the craft of weaving, this is the group for you. We will learn the six step pattern, which is standard for all antique chairs. I can supply the tools you will need, or if you wish can order them for you, but basically you will need a bodkin, small hammer, a clearer or other pointed object to clear the holes, and pegs to secure the cane. Also, you will need cane, the size of which is dependent on the size of the seat/back, which I can order for you.

### **C2 NEW GENERAL CRAFTS** (Jan Gransden)

Barrington Centre Tuesdays 11.00 - 12.30

It's fun to share and develop ideas. Come along and learn new skills and perfect forgotten ones. We can work on projects with textiles; embroidery, patchwork, quilting, or crochet and knitting, or mosaics, jewellery, card making, the list is endless.

## **LANGUAGES**

### **L1 VAMOS A CONOCERNOS DURANTE LA TERTULIA** (Maria Gonzales)

At home in Ferndown 2nd and 4th Mondays 2.30 - 3.45

Start date: 22nd September

This translates as "Let's know each other during the gathering". This is **not** a group for beginners, but for those who already have a good vocabulary.

### **L2 ADVANCED GERMAN** (Friederike Justus-Marshall)

At home in Ferndown Tuesdays 9.30 - 10.30

For those with some knowledge wishing to improve their communication skills. Some grammar teaching will be involved.

### **L5 SPANISH** (Leader to be advised)

At Tim Lines' home in Ferndown Wednesdays 11.00 - 12.15

The Spanish group will continue to run during the coming year. It is not a group for absolute beginners but rather suits those with a little knowledge of Spanish who would like to learn more or retain what they do know.

### **L6 PARLONS FRANCAIS - YEAR TWO** (Marion Lock)

Barrington Centre Thursdays 11.15 - 12.15

Do you visit France regularly? Do you have a second home there? Do you have an interest in French language and culture? If your answer to any of these questions is "Oui" come and join our lively group. Continuing our progress with the help of "Façon de Parler" (Edition 5) we shall be exploring a wider range of situations where we can use the language we are learning, and be able to explain what we've done in the past, and what we're going to do in the future. "Au prochain trimestre!" (See you next term!)

### **L7 NEW PARLIAMO ITALIANO** (Helen Tremain)

Barrington Centre Tuesdays 3.15 - 4.30

What is there between "buongiorno" and "arrivederci"? Come and find out how to hold your own in conversation and learn how to love the language, as well as the country and its food.

## **MUSIC**

### **M1 ENJOYING MUSIC** (Rachel Lewington)

Noisy Room, Ferndown Village Hall Mondays 2.15 - 3.45

We will study a wide variety of classical music using the very best recordings and scores where appropriate. We shall also place the music in context linking it to the life and times of the composer and to the history and art of the period.



**K3 LINE DANCING** (*Jean Horsey*)*Ferndown Youth Centre Tuesdays 1.30 - 2.30*

Beginners leading to improvement! Come along and have some fun - no partners needed.

**K4 TABLE TENNIS - IMPROVERS** (*Margaret Hart*)*Ferndown Youth Centre Wednesdays 9.30 - 11.00*

The group has a great time with much laughter and fun, but also improved play.

**K5 TABLE TENNIS - EXPERIENCED** (*Margaret Hart*)*Ferndown Youth Centre Wednesdays 11.00 - 12.30*

Experienced players only.

**K6 KEEP FIT** (*Kath Hollingworth*)*Ferndown Village Hall Wednesdays 2.00 - 3.15*

This exercise group is aimed at improving health, fitness and quality of life with a varied programme of evidence-based exercises which are known to be safe and effective to improve mobility, stamina, muscle and bone strength, flexibility, balance and heart health. The programme will be varied and fun. It will be tailored to meet all levels of fitness and health. No one will feel left out. There will be a supplementary fee of £2.00 per session, payable each week, to cover the cost of this specialist tuition.

**K7 FOLK DANCING 1** (*Margaret Thomas*)*Ferndown Village Hall Wednesdays 11.00 - 12.30*

In this group we see how English country dancing has continued and developed from 1950 to the present day. A friendly and sociable way to spend a morning!

**K8 FOLK DANCING 2** (*Margaret Thomas*)*Ferndown British Legion Thursdays 11.00 - 12.30*

Many are unaware of the long and continuing tradition of English country dancing which has involved and delighted people for centuries. In this group we explore dances from 1650 -1950. Come and discover this very sociable scene and keep this tradition alive and flourishing.

**K9 TABLE TENNIS - EXPERIENCED 1** (*Margaret Hart*)*St Anthony's Church Hall, West Moors Fridays 9.30 - 11.15*Experienced players only. **During Lent meetings will be held on Tuesdays.****K10 TABLE TENNIS - EXPERIENCED 2** (*Bob Whittall*)*St Anthony's Church Hall, West Moors Fridays 11.15 - 13.00*Experienced players only. **During Lent meetings will be held on Tuesdays.****PETANQUE BOULES**

Boules will be played every Monday morning September to November and March to May, weather permitting, outside the Ferndown Youth Centre. There is no need to enrol, just turn up when you can and join in from 11.00am. Tuition will be available. If you have your own boules please bring them along. Further details from Les Brand on 01202 876312 (please phone **before** 5.00pm).

**C3 BEADING WORKSHOP** (*Avril Moriarty*)*Barrington Centre Wednesdays 1.30 - 3.15*

Learn to make beautiful things with beads. Advice and help will be given at the first meeting on what materials to use.

**C4 NEW KNITTING AND NATTERING** (*Bea Barr*)*At home in Three Legged Cross Tuesdays 2.00 - 4.00*

A chance to have a good natter with like-minded knitters in a relaxed and informal group.

**DISCUSSION GROUPS****D1 NEW SOCIOLOGY– Larkrise to Downton - “It’s a man’s world?!”***(Lynda Claridge)**Barrington Centre Tuesdays 9.30 - 10.45 (Autumn term only)*

We will examine the lives of male characters from these television series, and contrast them with men’s role in society today. Sociological concepts will be introduced as the basis of discussion. No previous knowledge of sociology is required, but you are recommended to read Flora Thompson’s “Lark Rise Trilogy” (Penguin Classics), or view the series DVDs, as background.

**D2 INVESTMENTS** (*Edward Whittingdale*)*At home in Ferndown Tuesdays 2.00 - 4.15*

Although unit trusts etc. are important they are not always sensible to our needs as pensioners. We consider, as an alternative, such companies as Sainsbury, Marks and Spencer and the rest of the market in some detail and, in addition, ways to invest to enhance our pensions while at the same time minimising risk.

**D3 GREEN FINGERS** (*Jane Norris & Barbara Gooch*)*At various homes 2nd Wednesday Monthly 2.00 - 4.00ish**Start date: 10<sup>th</sup> September at Barbara’s home (address to be supplied).*

Gardening for beginners and experienced alike. Come along and share ideas and knowledge with like-minded ‘green fingers’. Please bring a chair, and dress suitably for the weather.

**D5 CURRENT AFFAIRS** (*Brian Williams*)*Barrington Centre Thursdays 9.30 -10.45*

Members enjoy a full and free discussion of important topics chosen by the group.

**D6 NEW PHILOSOPHY** (*Co-ordinated by George Yossava*)*At home in Ferndown Wednesdays 2.00-3.30 One term initially.**Starts: 17<sup>th</sup> September*

No qualifications necessary - just an interest in thinking about, and discussing, topics chosen by the group.

**GAMES****G1 SCRABBLE, CANASTA AND OTHER GAMES** (*Bea Barr*)*Noisy Room, Ferndown Village Hall Wednesdays 1.15 - 3.15*

It will be mainly Scrabble with the introduction of Rummikub, Triominos, Canasta etc. Please bring games you wish to play to each session.

## HISTORY

### H1 **NEW** ASPECTS OF AMERICAN GROWTH FROM COLONY TO SUPERPOWER (Barry Wye)

Noisy Room, Village Hall, Ferndown Tuesdays 9.30 - 10.45

Start Date: 6th January (Spring term only)

In this Group it is intended to study the political, social, territorial, economic and military growth of the U.S.A from the fifteenth century until the present day.

In one term it will only be possible to study a selected number of topics relating to this subject.

### H2 THE MAKING OF THE ENGLISH PEOPLE (Jim Barber)

Noisy Room, Village Hall, Ferndown Tuesdays 11.15 - 12.45

Start Date: 6th January (Spring term only)

From their beginning to the present day, a visual, un-complicated, and thought-provoking look at the events that have shaped the English people. There will be eight sessions, and you will be helped on a journey through some of the major events and people that still affect the English values and views of today. In addition there will be two in-depth sessions looking at Georgian art and the reasons for the 1st World War.

### H3 **NEW** THE BLUE LAMP - Part 2 (Rodger Pettengell)

Barrington Centre. Wednesdays 9.30 – 10.45 (Autumn term)

Start Date: 24<sup>th</sup> September

It is not necessary to have attended Part 1 of The Blue Lamp, to enjoy Part 2. From the viewpoint of the Senior Investigating Officer we will study, in depth, the Cromwell Street murders - the killing of young women by Fred and Rose West in Gloucester during the latter decades of the twentieth century.

### H5 BASIC FAMILY HISTORY — Getting back to 1841 (Brian Bevis)

Ferndown Youth Centre Thursdays 9.30 – 10.45 Start date to be advised

**It is imperative that you will be available for the first week.**

The objective of this basic 10-week group is for you to trace your ancestors back to 1841—others have done it so why not you? The Group follows a step by step process using real case studies. There will be tutorials on using free websites which will enable you to trace your ancestors through the National Census along with birth, marriage and death indices; case studies on how to read documents and avoid errors; seminars on lunatic asylums, the workhouse and other examples of social history in the 19th century; and on how to construct a family tree. The sessions will include individual help, and members will receive a copy of each week's presentation. Help will be given on the use of a computer, if needed.

### H6 ADVANCED FAMILY HISTORY — 1841 back to 1575 (Brian Bevis)

Ferndown Youth Centre Thursdays 9.30 – 10.45 Start date to be advised

This advanced 10-week group is **for those who have attended the Basic group** and who wish to trace their family back as far as records will allow. You will search through on-line sites and parish records and confirm your findings against original records. There will be seminars on reading old documents, (including Latin, used in births, marriages and deaths), plus individual help from the Group Leader.

### H7 **NEW** WORLD WAR II - IT'S CAUSES, COURSE AND CONSEQUENCES (Tom McConnell)

Barrington Centre Thursdays 11.15 - 12.30

The group title is descriptive of the content. It is hoped to cover the entire war and its consequences for the world, up to about 1953.

## JOURNEYS OF DISCOVERY

### J1 **NEW** DISCOVERING DORSET (Judith Hodges)

Barrington Centre 2nd Friday monthly 10.30 - 12.00 and

4<sup>th</sup> Friday monthly 10.30 - (variable) for field visit. Start date: 26th September

An interactive group where we will look at places of interest in Dorset. We will discuss each month's place in the first session, and 2 weeks later those who wish to can make a visit there. It is hoped that all members will be prepared to suggest a favourite place and introduce and lead the discussion for that place (although there will be no pressure to do so!).

### J2 **NEW** IMAGINING ITALY (Helen Tremain)

Barrington Centre Tuesdays 1.45 — 3.00

Italy as an idea has ancient origins and has always been more than a mere geographical expression. We shall study Italy as the natural point of contact between East and West, and learn that through conflict and competition it has contributed enormously to our own civilisation.

### J3 **NEW** GREAT CITIES, GREAT LIVES (Helen Tremain)

Barrington Centre Wednesdays 3.20 - 4.30

The creation of the first cities marked the dawn of what we call civilisation. Over the centuries some of their famous inhabitants used their enquiring minds to understand their worlds. We shall acknowledge the debt we owe them in trying to understand our own.

## KEEPING FIT AND HEALTHY

### K1 BADMINTON 1 (Keith Verrion)

Ferndown Village Hall Tuesdays 1.00 - 2.30

Two friendly, enthusiastic groups both of very mixed abilities. We welcome players of all standards but some experience is necessary. If you played in the past, you probably still can! Numbers are strictly limited to ensure that participants have plenty of exercise. No need to bring a partner.

### K2 BADMINTON 2 (Pat O'Riordan)

Ferndown Village Hall Tuesdays 2.30 - 4.30

As K1

## ENROLMENT FORM 2014 - 2015

SURNAME .....Mr. Mrs. Miss, Ms

FIRST NAME (known as) .....

ADDRESS .....

.....POST CODE .....

TEL No..... MEMBERSHIP NO (if known) .....

E-MAIL ADDRESS.....

You may enrol for up to 4 full-time groups per year (fortnightly, monthly and one term groups count as a half). Please enrol me for the following groups:

CODE	SUBJECT	DAY

### GIFT AID DECLARATION

I would like Ferndown & District U3A (Charity Number 1073206) to treat my enrolment fee as a Gift Aid donation.

I CONFIRM I AM A TAX PAYER.

SIGNED: \_\_\_\_\_ DATE: \_\_\_\_\_

I will access my results on- line and have not enclosed a SAE.

Please tick if you would prefer NOT to have your photograph in FU3A publicity material; please exclude yourself when photos are being taken.

*(If you detach these 4 pages, you can read the course details sequentially.)*

## ENROLMENT FORMS

Two copies of the Enrolment Form are included,  
on pages 12 and 14.

Two copies are included in case you wish to pass one to a friend or relative. There is an extra copy on the website should you require it.

Before you start please read the Notes on page 13 about Enrolling, the Enrolment Fee, and Gift Aid.

**It will help your Committee if you post your enrolment form to arrive by Monday July 14th at the latest. All applications will be considered together on Wednesday July 17th, irrespective of when they are posted. We are sorry it is not possible to apply by e-mail.**

**It is important that we receive as many applications as possible by this cut-off date, to reduce the risk that a group has to be withdrawn because of lack of support.**

**We will let you know by the end of July which groups you have successfully enrolled on.**

**For applications received after the cut-off date, any remaining places will be allocated on a first-come-first-served basis.**

## ENROLMENT FORM 2014 - 2015

SURNAME .....Mr. Mrs. Miss, Ms

FIRST NAME (known as) .....

ADDRESS .....

.....POST CODE .....

TEL No..... MEMBERSHIP NO (if known).....

E-MAIL ADDRESS.....

You may enrol for up to 4 full-time Groups per year. (Fortnightly, monthly and one term groups count as a half). Please enrol me for the following groups:

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I will access my results on-line and have not enclosed a SAE.

Please tick if you would prefer NOT to have your photograph in FU3A publicity material; please exclude yourself when photos are being taken.

### TO ENROL:

1. Complete the enrolment form.
2. Sign the Gift Aid Declaration if appropriate.
3. Enclose a cheque for £47 (or more for some Bridge groups)

*Most Bridge groups meet outside term times, up to 50 weeks per year, and for these there is a supplement of £20 per member, per group . If you wish to enrol for such a group or groups (i.e. groups B1 - B6) please add the supplement to the enrolment fee, and write a cheque accordingly.*

*e.g. 1 Bridge group (including enrolment fee) £67; 2 Bridge groups £87; 3 Bridge groups £107; 4 Bridge groups £127.*

4. Make cheque payable to: **Ferndown and District U3A.**

5. Enclose a stamped, self addressed envelope, if required.

*If you wish to view your results on-line then you do not need to enclose a SAE; however please **tick** the box on the enrolment form indicating this is what you are going to do.*

6. Post to: **Ferndown U3A, c/o 93 Redhill Drive,  
Bournemouth, BH10 6AG**

If you have an email address please print it clearly on your enrolment form, even if you have given it to us previously.

### GIFT AID

**It would help Ferndown U3A to keep fees down if you are able to sign the Gift Aid declaration. Last year we were able to claim in excess of £4100 from HMRC. Without it, it would put more than £8 on to the enrolment fee.**

**If you pay income tax please sign the declaration - the more members who do so, the more we all benefit.**